



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:00 Inspirational Music Video 10:30 Kick Ball 11:00 Remembering Easter 1:00 Small Group 2:00 Church of Troy Service Ch 3:00 Sing-a-Long 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy <i>All Fools' Day Easter Sunday</i>	2 10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 "SPRING" Bingo 2:00 1:1 3:30 Clue Trivia 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 Clue Trivia	3 9:30 Kick Ball 10:00 Shake Loose 11:00 April IQ 1:00 Hand Massages 2:00 Bowling 2:00 Pretty in Polish 3:00 Take a Guess 4:00 Afternoon Stretch 4:45 Daily Chronicle 6:00 Sing A Long 7:00 Snack Chat	4 9:30 Rosary 10:30 Wisdom Wednesday 11:00 Sit Down Dancing 1:00 Walking Group 2:00 "SPRING" Bingo 2:00 Aroma Therapy 3:00 Small Group 4:00 Chair Exercise 4:45 Daily Chronicle 7:00 Coffee & Tea 7:30 Sensory Movie	5 10:00 Communion Chap 10:30 Kick Ball 11:00 Guess 3 1:00 Back Rubs 2:00 Amazon Racing 3:30 Afternoon Stretch 4:00 Shake Awake 4:45 Daily Chronicle 6:00 Alphabet Challenge 7:00 Drink Cart and Snack	6 9:30 Pretty in Polish 11:00 Chair Exercise 1:00 Small Groups 2:00 Bingo & 1:1 3:30 Everyday Life 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Friday Night at the Movies "Brigadoon" 6:30 Small Group <i>Tartan Day</i>	7 10:15 Shake Loose 11:00 Sit Down Dancing 1:00 Aroma Therapy 2:00 Balloon Swat 3:00 Sing-a-Long 4:00 Sentimental Reflection 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Puzzles and Creative Coloring 7:30 Lawrence Welk PBS	
8 10:00 Inspirational Music Video 1:00 Balloons 2:00 "SPRING" Bingo 3:30 Trivia 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy 7:00 Shake Loose a Memory	9 10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 Bean Bag Toss 3:00 This and That 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 Finish Line	10 9:30 Balloon Toss 10:00 Amazon Rain Forest 11:00 Name That Tune 1:00 Hand Massages 2:00 Rain Forest Bingo 2:00 Pretty in Polish 3:30 Toucan Mosaic Puzzle Painting 4:45 Daily Chronicle 6:00 Polka Dot Ball 7:00 Snack Chat	11 9:30 Balloon Swat 10:00 Shake Loose 10:30 Bible Study 1:00 Walking Group 2:00 "Singing in the Rain" 2:00 "SPRING" Bingo 2:00 Sensory Stimulation 3:00 Small Group 4:00 Chair Exercise 7:00 Coffee & Tea 7:30 Sensory Movie <i>Singing in the Rain debuts in theatres</i>	12 10:00 Communion Chap 10:30 Beach Ball Toss 11:00 Shake Awake 1:00 Back Rubs 2:00 Amazon Racing 3:30 Afternoon Stretch 4:00 Shake Awake 4:45 Daily Chronicle 6:00 Alphabet Challenge 7:00 Drink Cart and Snack	13 9:30 Pretty in Polish 11:00 Chair Exercise 1:00 Small Groups 2:00 Bingo & 1:1 3:30 Who Are They? 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Polka Dot Ball 7:00 Relaxation & Snack <i>Friday the 13th</i>	14 10:15 Penny Ante' 11:00 Sit Down Dancing 1:00 Aroma Therapy 2:00 Beach Ball 3:00 Reading Round Table 4:00 Sentimental Reflection 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Puzzles and Creative Coloring 7:30 Lawrence Welk PBS	
15 10:00 Inspirational Music Video 1:00 Balloons 2:00 Church of Troy Service Ch 3:30 Trivia 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy 6:00 Spring Craft 7:00 Coffee & Tea <i>National Volunteer Week</i>	16 10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 "SPRING" Bingo 3:00 Everyday Life 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 Pigs	17 9:30 Kick Ball 10:00 Resident and Food Council 11:00 Name 3 1:00 Hand Massages 2:00 Crafts with All Caring Hospice 3:00 Reading Round Table 3:00 Sorting and Matching 4:00 Movin' and Grovin' 4:45 Daily Chronicle 6:00 Penny Ante' 2 7:00 Snack Chat	18 9:30 Rosary 10:30 Wisdom Wednesday 11:00 Sit Down Dancing 1:00 Walking Group 2:00 "SPRING" Bingo 2:00 Aroma Therapy 3:00 Small Group 4:00 Chair Exercise 4:45 Daily Chronicle 7:00 Coffee & Tea 7:30 Sensory Movie	19 10:00 Communion Chap 11:00 Bus Trip 1:00 Back Rubs 2:30 Amazon Racing 3:30 Afternoon Stretch 4:00 Shake Awake 4:45 Daily Chronicle 6:00 Alphabet Challenge 7:00 Drink Cart and Snack	20 9:30 Pretty in Polish 11:00 Chair Exercise 1:00 Small Groups 2:00 Bingo & 1:1 3:30 Take A Guess 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Everyday Life Trivia 7:00 Relaxation & Snack	21 10:15 This and That Ball 11:00 Sit Down Dancing 1:00 Aroma Therapy 2:00 Balloon Swat 3:00 Things that Go Together 4:00 Sentimental Reflection 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Puzzles and Creative Coloring 7:30 Lawrence Welk PBS	
Happy Birthday Barb!!! 22 9:00 Inspirational Music Video 10:30 Kick Ball 11:00 Remembering Easter 1:00 Small Group 2:00 "SPRING" Bingo 3:00 Sing-a-Long 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy <i>Earth Day</i>	23 10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 Bean Bag Toss 3:00 This and That 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 Dominoes	24 10:00 Paws for People 11:00 Movin' and Grovin' 1:00 Hand Massages 2:00 Reading Round Table 2:00 Pretty in Polish 3:30 Afternoon Stretch 4:00 Trivia 4:45 Daily Chronicle 6:00 AMCAL Support Group 6:00 Ring Toss 7:00 Snack Chat	Happy 100th Birthday Ella!!! 25 9:30 Balloon Swat 10:00 Finish the Song 10:30 Bible Study 1:00 Walking Group 2:00 Sensory Stimulation 3:00 Ella's 100th Birthday Party 6:00 Ring Toss 7:00 Coffee & Tea 7:30 Sensory Movie	26 10:00 Communion Chap 10:30 Kick Ball 11:00 Guess 3 1:00 Back Rubs 2:00 Amazon Racing 3:30 Making Pretzels 4:45 Daily Chronicle 6:00 FAMILY PARTY With Steve Fazzini <i>Pretzel Day</i>	27 9:30 Pretty in Polish 11:00 Chair Exercise 1:00 Small Groups 2:00 "ARBOR" Bingo & 1:1 3:30 Shake Awake 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Puzzles and Creative Coloring 7:00 Relaxation & Snack <i>Arbor Day</i>	28 10:15 Penny Ante' 11:00 Sit Down Dancing 1:00 Aroma Therapy 2:00 Beach Ball 3:00 Things that Go Together 4:00 Sentimental Reflection 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Puzzles and Creative Coloring 7:30 Lawrence Welk PBS <i>Sense of Smell Day</i>	
29 10:00 Inspirational Music Video 1:00 Balloons 2:00 Church of Troy Service Ch 3:30 Trivia 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy 6:00 Shake Loose a Memory 7:00 Coffee & Tea <i>Full "Pink" Moon</i>	30 10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 "SPRING" Bingo 3:00 Everyday Life 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 Creative Coloring						

April 2018

Armstrong Memory Care Assisted Living

Meal Times: 8:00, 12:00 and 5:00