

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



FEBRUARY 2018



Armstrong Memory Care Assisted Living

<p>9:00 Inspirational Music Video ⁴ 10:30 Kick Ball SS 11:00 Thumbs Up! SS 1:00 Small Group NS 2:00 Church of Troy Service Ch 3:00 Pre-Superbowl and Puppybowl SS 4:45 Daily Chronicle B 5:45 Massage & Aroma Therapy NS</p>	<p>10:00 Lucky Dice Game SS ⁵ 11:00 Chair Exercise SS 1:00 Small Group B 2:00 "MARDI" Bingo NS 2:00 Matching/Sorting SS 3:00 Bean Bag Toss SS 4:00 Move to the Music B 4:45 Daily Chronicle B 6:00 Monday Night Movie & Snack SS 7:00 Ring Toss NS</p>	<p>9:30 Who Are They? NS ⁶ 10:30 Dancing Ribbons NS 11:00 Trivia NS 1:00 Sensory Stimulation B 2:00 Bowling SS 2:00 Ice Cream Parlor Games NS 3:00 Sensory Stimulation NS 4:00 Sit Down Dancing B 4:45 Daily Chronicle B 6:00 Pigs SS 7:30 Snack Chat SS</p>	<p>9:30 Rosary CH ⁷ 10:30 <i>Wisdom Wednesday NS</i> 11:00 Chair Exercise NS 1:00 Aroma Therapy B 2:00 "MARDI GRAS" Bingo SS 2:00 Small Groups NS 3:30 Afternoon Stretch B 4:45 Daily Chronicle B 6:00 Sing-a-Long HR 7:30 Coffee & Tea SS</p>	<p>9:45 Communion Service Chap ¹ 10:30 Tai-Chi SS 11:00 Small Groups B 1:00 Sensory Cart & Aroma Therapy B 2:00 Heart Racing SS 2:00 Sit Down Dancing NS 3:30 Clue Trivia B 4:45 Daily Chronicle B 6:00 Coffee Cart SS 7:00 Bean Bag Toss NS</p>	<p>9:30 Manicures/Massage NS ² 1:30 Bingo SS 1:30 Make That Cake Game NS 3:00 Beach Ball B 4:00 Spring or Snow SS 4:45 Daily Chronicle B 6:00 Friday Night Movie "Ground Hogs Day" SS 7:00 Small Group NS <small>Groundhog Day</small></p>	<p>10:15 Puzzles and Coloring NS ³ 11:00 Sit Down Dancing NS 1:00 Small Group SS 2:00 Balloon Swat SS 3:00 Things that Go Together SS 4:00 Sensory Movie B 4:45 Daily Chronicle B 6:00 Penny Ante' NS 7:30 Lawrence Welk</p>
<p>9:00 Inspirational Music Video ⁴ 10:30 Kick Ball SS 11:00 Thumbs Up! SS 1:00 Small Group NS 2:00 Church of Troy Service Ch 3:00 Pre-Superbowl and Puppybowl SS 4:45 Daily Chronicle B 5:45 Massage & Aroma Therapy NS</p>	<p>10:00 Lucky Dice Game SS ⁵ 11:00 Chair Exercise SS 1:00 Small Group B 2:00 "MARDI" Bingo NS 2:00 Matching/Sorting SS 3:00 Bean Bag Toss SS 4:00 Move to the Music B 4:45 Daily Chronicle B 6:00 Monday Night Movie & Snack SS 7:00 Ring Toss NS</p>	<p>9:30 Who Are They? NS ⁶ 10:30 Dancing Ribbons NS 11:00 Trivia NS 1:00 Sensory Stimulation B 2:00 Bowling SS 2:00 Ice Cream Parlor Games NS 3:00 Sensory Stimulation NS 4:00 Sit Down Dancing B 4:45 Daily Chronicle B 6:00 Pigs SS 7:30 Snack Chat SS</p>	<p>9:30 Rosary CH ⁷ 10:30 <i>Wisdom Wednesday NS</i> 11:00 Chair Exercise NS 1:00 Aroma Therapy B 2:00 "MARDI GRAS" Bingo SS 2:00 Small Groups NS 3:30 Afternoon Stretch B 4:45 Daily Chronicle B 6:00 Sing-a-Long HR 7:30 Coffee & Tea SS</p>	<p>9:45 Communion Service Chap ⁸ 10:30 Tai-Chi SS 1:00 Sensory Cart & Aroma Therapy B 2:00 Heart Racing SS 2:00 Sit Down Dancing NS 3:30 Trivia NS 4:00 Sit Down Dancing SS 4:45 Daily Chronicle B 6:00 Coffee Cart NS 7:00 Darts SS</p>	<p>9:30 Manicures/Massage NS ⁹ 10:00 Card Bongo SS 11:00 Morning Stretch B 1:30 <i>Valentine Craft NS</i> 3:00 Beach Ball B 4:00 February QI B 4:45 Daily Chronicle B 6:00 Chocolate Trivia Quiz NS 7:00 Small Group SS <small>Chocolate Kiss Day</small></p>	<p>10:15 This and That SS ¹⁰ 11:00 Sit Down Dancing SS 1:00 Sensory Stim NS 2:00 Creative Coloring NS 3:00 Dice Game SS 4:00 Sensory Movie B 4:45 Daily Chronicle B 6:00 Tell Me a Story NS 7:30 Lawrence Welk</p>
<p>9:00 Inspirational Music Video ¹¹ 10:30 Kick Ball NS 11:00 Name 3 NS 1:00 Small Group SS 2:00 "CUPID" Bingo SS 4:00 Afternoon Stretch SS 4:45 Daily Chronicle B 5:45 Massage & Aroma Therapy NS</p>	<p>10:00 <i>Javelin Throw HR</i> ¹² 11:00 Shake Awake HR 1:00 Small Groups B 2:00 Reading Round Table SS 3:30 Chair Exercise B 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack SS 7:00 Creative Coloring NS <small>AMCAL Olympic 12-16</small></p>	<p>10:00 <i>Ring Toss HR</i> ¹³ 11:00 Every Day Life Trivia HR 1:00 Sensory Stimulation B 2:00 <i>Craft "Mardi Gras Masks" with All Caring Hospice SS</i> 3:30 Sit Down Dancing B 4:00 Finishing Words B 4:45 Daily Chronicle B 6:00 <i>Mardi Gras Party HR With Rachel Joy</i> <small>Mardi Gras</small></p>	<p>10:00 <i>Bean Bag Toss HR</i> ¹⁴ 11:00 Bible Study NS 11:00 Reminisce SS 1:00 Aroma Therapy 2:00 "CUPID" Bingo NS 3:30 Afternoon Stretch B 4:45 Daily Chronicle B 6:00 Valentine Day Craft SS 7:30 Coffee & Tea NS <small>Valentine's Day</small></p>	<p>9:45 Communion Service Chap ¹⁵ 10:30 <i>Bowling HR</i> 11:00 Small Groups B 1:00 Sensory Cart & Aroma Therapy B 2:00 Heart Racing SS 2:00 Sit Down Dancing NS 3:30 This and That B 4:45 Daily Chronicle B 6:00 Coffee Cart SS 7:00 Card Bongo NS</p>	<p>10:00 <i>Cookie Throw HR</i> ¹⁶ 11:00 Fortune Cookies B 1:30 "CHINESE NY" Bingo SS 1:30 Chinese Zodiac Matching Game NS 3:00 Chinese NY Trivia B 4:00 Chop Stick Game NS 4:45 Daily Chronicle B 6:00 Creative Coloring & Superstitions and Taboo NS 7:00 Arm chair Travel "China" SS <small>Chinese New Year</small></p>	<p>10:15 Shake Loose NS ¹⁷ 11:00 Sit Down Dancing NS 1:00 Sensory Stim SS 2:00 Yellow Dice SS 3:00 Balloons NS 4:00 Sensory Movie B 4:45 Daily Chronicle B 6:00 Who Are They SS 7:30 Lawrence Welk</p>
<p>10:30 Kick Ball SS ¹⁸ 11:00 Shake Loose SS 1:00 Small Group NS 2:00 Church of Troy Service Ch 3:00 Sing-A-Long HR 4:00 Afternoon Stretch HR 4:45 Daily Chronicle B 5:45 Massage & Aroma Therapy SS</p>	<p>10:00 Lucky Dice Game SS ¹⁹ 11:00 Chair Exercise SS 1:00 Small Group B 2:00 President Bingo SS 2:00 Finishing Lines NS 3:00 Creative Coloring NS 4:00 Move to the Music B 4:45 Daily Chronicle B 6:00 Monday Night Movie & Snack NS 7:00 Penny Ante' SS <small>Presidents' Day (US)</small></p>	<p>9:30 Thumb Up! NS ²⁰ 10:30 Dancing Ribbons NS 11:00 Shake Loose More NS 1:00 Sensory Stimulation B 2:00 Bowling NS 2:00 Massage and Nails SS 4:00 Sit Down Dancing B 4:45 Daily Chronicle B 6:00 Bean Bag Toss SS 7:30 Snack Chat SS</p>	<p>9:30 Rosary CH ²¹ 10:30 <i>Wisdom Wednesday NS</i> 1:00 Aroma Therapy B 2:00 "BIRD" Bingo SS 2:00 Small Groups NS 3:30 Afternoon Stretch B 4:45 Daily Chronicle B 6:00 Sing-a-Long HR 7:30 Coffee & Tea SS</p>	<p>9:45 Communion Service Chap ²² 10:30 Tai-Chi NS 11:00 Small Groups B 1:00 Sensory Cart & Aroma Therapy B 2:00 Heart Racing SS 2:00 Sit Down Dancing NS 3:30 Everyday Life Photos B 4:45 Daily Chronicle B 6:00 Coffee Cart NS 7:00 Take A Guess SS</p>	<p>9:30 Manicures/Massage NS ²³ 10:00 Card Bongo SS 11:00 Morning Stretch B 1:30 Bingo SS 1:30 Make That Cake Game NS 3:00 Beach Ball B 4:00 Quizmania B 4:45 Daily Chronicle B 6:00 Friday Night Movie "Ground Hogs Day" SS 7:00 Small Group NS</p>	<p>10:15 Arrow Ball SS ²⁴ 11:00 Sit Down Dancing SS 1:00 Sensory Stim NS 2:00 Ball Toss NS 3:00 Dice Game SS 4:00 Sensory Movie B 4:45 Daily Chronicle B 6:00 Fairy Tale Day NS 7:30 Lawrence Welk <small>"Once Upon a Time Day"</small></p>
<p>9:00 Inspirational Music Video ²⁵ 10:30 Kick Ball NS 11:00 True Or False NS 1:00 Small Group NS 2:00 "Bird" Bingo NS 4:00 Afternoon Stretch SS 4:45 Daily Chronicle B 5:45 Massage & Aroma Therapy SS</p>	<p>10:00 Lucky Dice Game SS ²⁶ 11:00 Chair Exercise SS 1:00 Small Group B 2:00 Sing-a-Long NS 2:00 Ring Toss SS 3:30 Chair Exercise B 4:45 Daily Chronicle B 6:00 Monday Night Movie & Snack SS 7:00 Penny Ante' NS</p>	<p>9:30 Spelling Bee NS ²⁷ 10:00 <i>PAWS for People B</i> 11:00 Name 5 SS 1:00 Sensory Stimulation B 2:00 Bowling SS 2:00 Massage and Nails NS 4:00 Sit Down Dancing B 4:45 Daily Chronicle B 6:00 Pokadot Ball SS 7:30 Snack Chat SS</p>	<p>9:30 Balloons SS ²⁸ 10:30 <i>Wisdom Wednesday SS</i> 10:30 Clue Trivia SS 1:00 Aroma Therapy B 2:00 "BIRD" Bingo SS 2:00 Small Groups NS 3:30 Afternoon Stretch B 4:45 Daily Chronicle B 6:00 Sing-a-Long HR 7:30 Coffee & Tea NS</p>	<p>Support and Informational Meeting Tuesday February 27 6:00-7:00 "The Art of Being a Healing Presence" Family Mardi Gras Party Tuesday February 13 6:00-7:00 Entertainment: Rachel Joy</p> <p style="text-align: right;">Armstrong Memory Care A.L. Winter Olympics February 12-16 Events will be held at 10:00 am in Hearth Room</p>		