

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2018

Armstrong Memory Care Assisted Living

Meal Times

8:00 AM

12:00 PM

5:00 PM

<p>9:00 Inspirational Music Video 10:30 Kick Ball 11:00 Thumbs Up! 1:00 Small Group 2:00 Church of Troy Service Ch 3:00 Sing-a-Long 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy</p>	<p>10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 Bingo 3:30 Clue Trivia 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 True or False</p>	<p>9:30 Basketball 10:30 Dancing Ribbons 11:00 Trivia 1:00 Sensory Stimulation 2:00 Bowling 2:00 Pretty in Polish 3:00 Shamrock Craft 4:00 Sit Down Dancing 4:45 Daily Chronicle 6:00 Reading Round Table 7:00 Snack Chat</p>	<p>9:30 Rosary 10:00 Wisdom Wednesday 10:30 Chair Exercise 11:00 Life Stories 1:00 Hand Massages 2:00 Bingo & 1:1 3:30 Tai-Chi 4:00 March IQ 4:45 Daily Chronicle 6:00 Rind Toss 7:00 Coffee & Tea 7:30 Sensory Movie</p>	<p>10:00 Communion Chap 10:30 Kick Ball 11:00 Guess 3 1:00 Walking Group 2:00 Shamrock Racing 3:30 Afternoon Stretch 4:00 Shake Awake 4:45 Daily Chronicle 6:00 Alphabet Challenge 7:00 Bake that Cake Game</p>	<p>10:00 Chair Exercise 11:00 Bus Outing - Burger King 1:00 Small Groups 2:00 Bingo & 1:1 3:30 How old are they 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Yellow Dice 7:00 Irish Music & Snack</p>	<p>10:15 Penny Ante' 11:00 Sit Down Dancing 1:00 Small Group 2:00 Balloon Swat 3:00 Things that Go Together 4:00 Sensory Movie 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Puzzles and Creative Coloring 7:30 Lawrence Welk</p>
<p>9:00 Inspirational Music Video 10:30 Kick Ball 11:00 Thumbs Up! 1:00 Small Group 2:00 Church of Troy Service Ch 3:00 Sing-a-Long 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy</p>	<p>10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 Bingo 3:30 Clue Trivia 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 True or False</p>	<p>9:30 Basketball 10:30 Dancing Ribbons 11:00 Trivia 1:00 Sensory Stimulation 2:00 Bowling 2:00 Pretty in Polish 3:00 Shamrock Craft 4:00 Sit Down Dancing 4:45 Daily Chronicle 6:00 Reading Round Table 7:00 Snack Chat</p>	<p>9:30 Rosary 10:00 Wisdom Wednesday 10:30 Chair Exercise 11:00 Life Stories 1:00 Hand Massages 2:00 Bingo & 1:1 3:30 Tai-Chi 4:00 March IQ 4:45 Daily Chronicle 6:00 Rind Toss 7:00 Coffee & Tea 7:30 Sensory Movie</p>	<p>10:00 Communion Chap 10:30 Morning Stretch 11:00 Shake Loose 1:00 Walking Group 2:00 Music with Clair Besse 3:30 Gold Coin Toss Game 4:00 Afternoon Stretch 4:45 Daily Chronicle 6:00 Card Bongo 7:00 Sing-a-Long</p>	<p>9:30 Pretty in Polish 11:00 Chair Exercise 1:00 Small Groups 2:00 Bingo & 1:1 3:30 Everyday Life 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Polka Dot Ball 7:00 Irish Music & Snack</p>	<p>10:15 Bake that Cake Game 11:00 Sit Down Dancing 1:00 Past Times 2:00 Card Bongo 3:30 Who Are They 4:00 Sensory Movie 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Puzzles and Creative Coloring 7:30 Lawrence Welk</p>
<p>10:00 Inspirational Music Video 1:00 Balloons 2:00 Bingo 3:30 Trivia 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy 7:00 Shake Loose a Memory</p>	<p>10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 Finishing Lines 3:00 What's wrong with this Picture 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 Shake Loose <small>Daylight Saving Time Begins</small></p>	<p>9:30 Who Are They? 10:30 Dancing Ribbons 11:00 Trivia 1:00 Sensory Stimulation 2:00 Bowling 2:00 Pretty in Polish 3:00 Hot Potato 4:00 Sit Down Dancing 4:45 Daily Chronicle 6:00 Penny Ante' 2 7:00 Snack Chat</p>	<p>9:30 Balloon 10:00 Games & Puzzles 11:00 Bible Study 1:00 Back Rubs 2:00 Bingo & 1:1 3:30 Tai-Chi 4:00 St. Pat Irish Quiz 4:45 Daily Chronicle 6:00 Corn Hole 7:00 Coffee & Tea 7:30 Sensory Movie</p>	<p>10:00 Communion Chap 10:30 Kick Ball 11:00 Shake Awake 1:00 Walking Group 2:00 Crafts 3:30 Afternoon Stretch 4:00 Take a Guess 4:45 Daily Chronicle 6:00 St. Patrick's Day Party!!</p>	<p>9:30 Pretty in Polish 11:00 Chair Exercise 1:00 Small Groups 2:00 Green Ice Cream Social 3:30 It's Not Easy Being Green 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Shake Out the Truth 7:00 Irish Music & Snack</p>	<p>10:15 11:00 Truth or Blarney 1:00 Small Groups 2:00 "LUCKY" Bingo 4:00 Sensory Movie 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Puzzles and Creative Coloring 6:00 Celtic Ladies and Celtic Thunder Concerts <small>St. Patrick's Day</small></p>
<p>9:00 Inspirational Music Video 10:30 Kick Ball 11:00 Thumbs Up! 1:00 Small Group 2:00 Church of Troy Service Ch 3:00 Lucky 7 Dice Game 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy</p>	<p>10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 Bingo 3:30 This and That 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 Pigs</p>	<p>9:30 Basketball 10:30 Dancing Ribbons 11:00 Trivia 1:00 Sensory Stimulation 2:00 Bowling 2:00 Pretty in Polish 3:00 Easter Craft 4:00 Sit Down Dancing 4:45 Daily Chronicle 6:00 Sing-a-long 7:00 Snack Chat</p>	<p>9:30 Rosary 10:00 Wisdom Wednesday 10:30 Chair Exercise 11:00 Letter Dice Game 1:00 Hand Massages 2:00 Bingo & 1:1 3:30 Tai-Chi 4:00 Trees 4:45 Daily Chronicle 6:00 Creative Coloring 7:00 Coffee & Tea 7:30 Sensory Movie</p>	<p>10:00 Communion Chap 10:30 Moring Stretch 11:00 Life Stories 1:00 Walking Group 2:00 Shamrock Racing 3:30 Afternoon Stretch 4:00 Trivia 4:45 Daily Chronicle 6:00 Hot Potato 7:00 This and That</p>	<p>9:30 Pretty in Polish 11:00 Chair Exercise 1:00 Small Groups 2:00 Bingo & 1:1 3:30 How old are they 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Polka Dot Ball 7:00 Irish Music & Snack</p>	<p>10:15 Ice Cream Game 11:00 Sit Down Dancing 2:00 EASTER EGG HUNT 4:00 Sensory Movie 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Balloons 7:30 Lawrence Welk</p>
<p>10:00 Inspirational Music Video 1:00 Balloons 2:00 Bingo 3:30 Trivia 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Massage & Aroma Therapy 7:00 Shake Loose a Memory <small>Palm Sunday</small></p>	<p>10:00 Lucky Dice Game 11:00 Chair Exercise 1:00 Small Group 2:00 1:1 2:00 Resident and Food Council 3:00 This and That 4:00 Move to the Music 4:45 Daily Chronicle 6:00 Monday Night Movie & Snack 7:00 Pigs</p>	<p>9:30 True or False 10:30 Dancing Ribbons 11:00 Shake Awake 1:00 Sensory Stimulation 2:00 Bowling 2:00 Pretty in Polish 3:00 Hot Potato 4:00 Sit Down Dancing 4:45 Daily Chronicle 6:00 Name that Star 7:00 Snack Chat</p>	<p>9:30 Balloons 10:00 Finish That Line 11:00 Bible Study 1:00 Hand Massages 2:00 Bingo & 1:1 3:30 Tai-Chi 4:00 Clue Trivia 4:45 Daily Chronicle 6:00 Corn Hole 7:00 Coffee & Tea 7:30 Sensory Movie</p>	<p>10:00 Communion Chap 10:30 Tai-Chi 11:00 Shake Awake 1:00 Small Groups 2:00 Music with Dave Propri 3:30 Afternoon Stretch 4:00 Past-times 4:45 Daily Chronicle 6:00 Reading Round Table 7:00 Creative Coloring <small>Sponsored by All Caring Hospice</small></p>	<p>10:00 Coloring Easter Eggs 11:00 Chair Exercise 1:00 Aroma Therapy 2:00 Bingo & 1:1 2:00 Pretty in Polish 3:30 What's Wrong 4:00 Movin' & Grovin' 4:45 Daily Chronicle 6:00 Penny Ante' 7:00 Everyday Life <small>First Day of Passover Good Friday</small></p>	<p>10:15 Sing-a-Long 11:00 Sit Down Dancing 1:00 Small Group 2:00 Lucky 7 Dice Game 4:00 Sensory Movie 4:00 Afternoon Stretch 4:45 Daily Chronicle 5:45 Puzzles and Creative Coloring 7:30 Lawrence Welk</p>