

Connections

A Publication of Windsor House, Inc.



PEOPLE • CARING • COMMITMENT • INTEGRITY

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Visit Us On-Line

Be sure to visit our website, www.windsorhouseinc.com, for information on each Windsor House nursing home and assisted living community. View our homes' monthly activity calendars and the 'Health Related Resources' page on various health topics.

Those seeking employment with Windsor House can view our 'Career Opportunities' page to view the latest job openings.

Guardian Health Care Center Receives High Ranking in U.S. News Media Group's 2011 Best Nursing Homes

Guardian Health Care Center has received a high ranking of five stars overall in the U.S. News & World Report's 2011 Best Nursing Homes, available online at www.usnews.com/nursinghomes.



Anna Hutchison, Administrator of Guardian Health Care Center, holds the Perfect Survey plaque presented by The Ohio Academy of Nursing Homes

More than 3.2 million Americans will spend at least part of 2011 in one of the nation's 16,000-plus nursing homes. How can those millions of people and their families find a source of good care? To ease the difficult search, U.S. News ranks and displays data about nearly every U.S. nursing facility and updates the information every quarter.

The U.S. News rankings rely on data from Nursing Home Compare, a consumer web site run by the Federal Centers for Medicare and Medicaid Services (CMS). CMS sets and enforces standards for all nursing homes enrolled in Medicare or Medicaid. The data for Nursing Home Compare comes from regular health inspections carried out by state agencies and from the homes themselves. Using that information, CMS assigns an overall rating of one to five stars to each nursing home. Homes are also given one to five stars based on health inspections, nursing staff, and quality of care. Facilities that ranked highest in Best Nursing Homes 2011 earned overall five-star ratings. Only about one home in seven met this standard.

In addition to the above recognition, Guardian Health Care Center successfully passed the Ohio Department of Health's annual survey inspection with zero deficiencies in regulatory compliance. For this distinction, The Ohio Academy of Nursing Homes executive director, Victoria Gresh, presented the nursing home with a Perfect Survey Award. Annalee Hutchison, Guardian Health Care Center's Administrator, stated "on behalf of the staff and residents of the home, we are proud to receive the recognition from US News Magazine. The staff at Guardian, along with the dedicated support of Windsor House, Inc., truly live up to the Windsor Way of promoting people, caring, commitment and integrity each and every day."



**Burton Health Care
& Rehabilitation Center**

14095 E. Center St. • Burton, OH 44021
440-834-1084

Doylestown Health Care Center

95 Black Dr. • Doylestown, OH 44230
330-658-2061

Guardian Health Care Center

1735 Belmont Avenue
Youngstown, OH 44504
330-743-1393

Liberty Health Care Center

1355 Churchill-Hubbard Rd.
Youngstown, OH 44505
330-759-7858

Masternick Memorial Health Care Center

5250 Windsor Way
New Middleton, OH 44442
330-542-9542

O'Brien Memorial Health Care Center

563 Brookfield Avenue, SE
Masury, OH 44438
330-448-2557

**Omni Manor Health Care
& Rehabilitation Center**

3245 Vestal Rd. • Youngstown, OH 44509
330-793-5648

Parkside Health Care Center

930 E. Park Avenue
Columbiana, OH 44408
330-482-5547

Snyder Memorial Health Care Center

SR 66, Cherry St., P.O. Box 680
Marienville, PA 16239
814-927-6670

St. Mary's Alzheimer's Center

1899 W. Garfield Rd.
Columbiana, OH 44408
330-549-9259

Windsor House at Champion

200 E. Glendola Avenue
Warren, OH 44483
330-847-6266

Liberty Arms Assisted Living

1353 Churchill-Hubbard Road
Youngstown, OH 44505
330-759-2893

Home Health by Windsor

Being discharged from the nursing home or hospital and need additional at home skilled nursing services? Home Health by Windsor, providers of high-quality skilled nursing home care, employs a very dedicated, highly-trained, personable and professional staff which focuses on the specific needs of each patient. In addition to superior home care, patients receive printed educational material that will promote and improve their understanding of disease management and home safety.

Home Health by Windsor believes in the importance of helping people to live independent and dignified lives. The skilled care of our competent, well-trained staff provides help to enrich the lives of each and every patient, while maintaining the highest possible level of independent living. Each patient receives a unique, individually-tailored plan of care and set of goals, based on their specific nursing or therapy needs.

The Home Health by Windsor staff works in partnership with each patient's family to give the peace of mind our patients deserve. It is our goal to enrich our patient's lives, and we offer numerous programs to meet each individual's home care needs. Among these home care services we offer are:

- Skilled nursing
- Physical, occupational and speech therapies
- Social Work Services
- Patient education and medication administration
- Complete initial assessment
- Cardio/pulmonary assessments
- Changing dressings and monitoring complex treatments
- Wound care and post-operative patient education
- Specialized treatment of pressure ulcers and caregiver education for proper skin care
- Diabetic teaching
- Nutritional assessment and guidance



Home Health by Windsor has recently been awarded accreditation status by the Accreditation Commission for Health Care, Inc. (ACHC), making it one of the elite few accredited agencies in Northeast Ohio. By attaining this status, Home Health by Windsor has demonstrated its commitment to maintain a higher level of competency and strive for excellence in its products, services and customer satisfaction.

For additional information on **Home Health by Windsor**, call **330.545.4408** or visit their website, www.homehealthbywindsor.com.

Windsor Estates Assisted Living Construction Moving Along

Windsor Estates Assisted Living is located along Struthers Rd., in-front of Masternick Memorial Health Care Center in Springfield Township. The project will promote independent living while providing personal care to residents in a safe and comfortable environment.

"The proximity to Masternick Memorial will give Windsor Estates' residents access to the skilled nursing and short term rehabilitation services available at the health care center", said John Masternick, President and CEO of Windsor House, Inc. Demand for assisted living communities is rising, Masternick said, thanks to the Mahoning Valley's aging population and a consumer-driven shift away from a nursing home model.

Windsor Estates will feature 54 apartments including spacious common areas, a private dining room, club room, activity room and beauty and barber salon. Each individual apartment will feature a kitchenette equipped with a microwave and refrigerator, wall to wall carpeting and individually controlled heating and air conditioning. Windsor Estates Assisted Living is scheduled to open in September 2011. Anyone wanting additional information can contact **Masternick Memorial Health Care Center** at **330.542.9542** or visit www.WindsorHouseInc.com.



Windsor Estates Assisted Living is slated to open in the fall of 2011.

Perfect Attendance Recognition

Each year, Windsor House, Inc. recognizes very dedicated employees with perfect attendance by treating them to lunch with the Board, Administrator and fellow staff members with perfect attendance. It is with pleasure that Windsor House recognizes these associates.

Perfect attendance runs in the family for one Windsor House employee. Shirley Rounds, Laundry Aide at Liberty Health Care Center, has had perfect attendance for 23 out of 24 years of employment. Shirley's daughters, Trina Michael (Central Supply Clerk at Liberty Health Care Center) and Peggy Exline (Dietary Staff at Liberty Arms Assisted Living) attended our recent Perfect Attendance Luncheon.

Here is some of our other staff with the most years and most consecutive years of perfect attendance:



Shirley Rounds
Liberty Health Care Center



John Stamm
Omni Manor Health Care Center



Trina Michael
Liberty Health Care Center



Peggy Exline
Liberty Arms Assisted Living Residence

Doylestown Health Care Center:

Pat Ward-Laundry Aide
Sherry Anderson-Activities
Bev Barnes-Nurse Aide Supervisor

St. Mary's Alzheimer's Center:

Velda Howell-Housekeeping
Steve Walker-Maintenance
Margie Rochford-RN

O'Brien Memorial Health Care Center:

Bob Wolfe-LPN
Cathy Seese-DON
Shani Jackson-LPN

Omni Manor Health Care Center:

Brenda Yeager-STNA
John Stamm-Maintenance
Diane Williams-STNA

Snyder Memorial Health Care Center:

Deb Lauer-Nurse Aide Supervisor
John Donna
Anderson-Restorative Therapy Aide
Diane Burkhardt-Medical Records

Omni Manor Health Care Center:

Brenda Yeager-STNA
John Stamm-Maintenance
Diane Williams-STNA

Liberty Arms Assisted Living:

Maureen Knapp-Dietary Manager

Parkside Health Care Center:

Roxanna McClelland-Dietary

Liberty Health Care Center to Open Therapy Addition

Liberty Health Care Center will soon open its doors on a short term therapy addition. The 10,000 square foot addition will feature 16 private rooms with flat screen televisions, phones and internet access. The new therapy gym will feature over \$35,000 of state of the art therapy equipment.

The short term therapy unit will provide care for many orthopedic procedures such as hip/knee replacements, rotator cuff surgeries and fractures. In addition to general orthopedic care, we also provide extended medical care, wound care, and cardio/pulmonary rehabilitation. "Our goal is to return patients to their normal living environment as soon and as safely as possible", says Dan Rowland, Director of Marketing, for Windsor House, Inc. "Our industry used to be known as the place you went to live out the rest of your life, but that's changing," said Rowland. "We're sending more and more patients home to live out their lives."

The new addition, which is slated to open in late spring of 2011, was designed by Strollo Architects and is being built by B & B Contractors and Developers.



Liberty Health Care Center will have one of the finest therapy gyms in the Mahoning Valley.

Liberty Arms Assisted Living Honors Centenarian

Congratulations to Evelyn Pucak, a resident of Liberty Arms Assisted Living, for recently celebrating her 100th birthday. A resident at Liberty Arms for 6 years, Evelyn is a lifelong resident of Hubbard. She was a 1929 graduate of the old Hubbard High School (currently Roosevelt Elementary School) and graduated in 1942 from nursing school.

Evelyn and her husband Emil, who married in 1946, ran Pucak's Grocery Store for 27 years. She fondly remembers the children coming into the store for penny candy and how she used to give them cookies. She has a wonderful painting depicting how the store looked during four different decades, but sadly the tornado of 1984 took the building that once housed the store.

Evelyn says she has seen many changes over the years, mostly with TV's. She remembers having one of the first color televisions and inviting everyone to come see it. She attributes her longevity to always staying active and to having an occasional cocktail. Evelyn used to be an avid golfer, bowler and dancer. Now her days are filled with playing bingo, enjoying manicures, making crafts, going to the beauty shop and visiting with friends and relatives.

She says many of her friends and family have retired and moved away to Florida so they can't visit her anymore, but the staff of Liberty Arms adores her and makes sure she is doing well. When asked how she is being treated Evelyn stated "Oh, they are great!"

Happy Birthday Evelyn and many more!!



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Aged to Perfection, Evelyn Pucak, enjoys a piece of her 100th birthday cake.



103 Years Young



Congratulations to Asma T. Saloom, a resident of Windsor House O'Brien Memorial Health Care Center, who recently celebrated her 103rd birthday with her friends and nursing home staff.

Born February 15th, 1908 in Batroun, Lebanon, Saloom has been a resident at O'Brien Memorial Health Care Center for over 3 years. As a young girl, she studied in a convent and considered becoming a nun. She came to the United States in 1930 after marrying Thomas Saloom (deceased).

Thomas and Asma, who operated the Saloom's Market grocery store in the Sharon, PA area for over 40 years, had four children and have five grandchildren and two great grandchildren. Asma enjoyed homemaking, cooking, traveling, children and church related activities.

Asma received the perfect birthday gift when she was able to speak to her younger sister via telephone who lives in Lebanon.

"Happy 103rd Birthday Asma!"



Asma Saloom

The John & Dorothy Masternick Foundation

Windsor House skilled nursing homes and assisted living communities receive numerous requests from families on what they can do to show appreciation to the staff for taking care of their loved ones. In addition to our Tradition of Caring Program, contributions can also be made to The John & Dorothy Masternick Foundation.

The John & Dorothy Masternick Foundation coordinates and administers several ongoing programs such as the activity department, staff appreciation programs and educational scholarships for employees to continue their education in accredited nursing programs. In addition to these and other items, naming opportunities are available.

If you would like more information about the John & Dorothy Masternick Foundation, please contact Dan Rowland, Director of Marketing for Windsor House, Inc at 330-545-1550. Checks may be made payable to The John & Dorothy Masternick Foundation and mailed to 101 W. Liberty St., Girard, OH 44420.

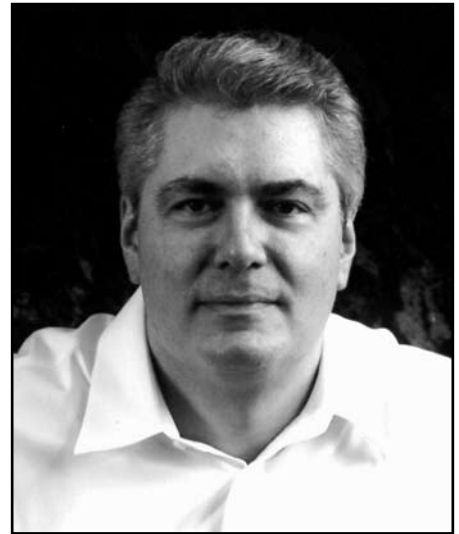
Nursing Home Seek a Reprieve from Health Law

The following story is taken from the May 16th issue of the New York Times, written by Robert Pear

It is an oddity of American health care: Many nursing homes and home care agencies do not provide health insurance to their workers, or they pay wages so low that employees cannot afford the coverage that is offered. The numbers are stark. Among workers who provide hands-on care to nursing home residents, one in four has no health insurance. Among those who provide care to people living at home, one in three is uninsured.

The new health care law is supposed to fix the problem by guaranteeing access to affordable coverage for all. But many nursing homes and home care agencies, alarmed at the cost of providing health insurance to hundreds of thousands of health care workers, have started a lobbying effort seeking some kind of exemption or special treatment. Mark Parkinson, president of the American Health Care Association, the largest trade group for nursing homes, says the problem is that reimbursement rates for Medicaid and Medicare, set by government agencies, do not pay them enough to offer their employees medical coverage. “We do not have much ability to increase prices because we are so dependent on Medicaid and Medicare” for revenue, he said.

Mr. Parkinson acknowledged that when nursing homes do offer health insurance to employees, the benefits are often limited. The coverage “is probably not up to what will be required” by the federal law, he said. Medicaid covers about two-thirds of nursing home residents. States set Medicaid rates, and many states, facing severe budget problems, have reduced payments for nursing homes.



John J. Masternick - President

The following comments are from our President, John J. Masternick, regarding the above story

“Recently, I received the above article concerning the difficulties nursing homes face providing health care insurance for their staff. The irony is that these are the people who provide hands on health care, yet cannot afford health insurance themselves.

In the past the company has been absorbing all of the costs, however die to the national health care situation we can no longer do so. I was shocked to learn from this article that many nursing homes do not provide health insurance for their staff at all. This is a national issue facing nursing homes staff and I thought this article in the New York Times addressed the issue well enough to include it in our newsletter. Windsor House has long prided itself on providing the best possible benefits to all of our staff and will strive to continue to do so.”

East Hall Versus West Hall for Bragging Rights



The residents and staff of Parkside Health Care Center had a friendly competition leading up to the recent Super Bowl XLV between the Pittsburgh Steelers and the Green Bay Packers. The winner get's....Bragging Rights. The west hall was decorated in Green and Gold for the Packers, while the east hall was Steeler Nation.

Leading up to the big game, the residents made a You Tube video. It's a tribute to Steelers' Safety Troy Polamalu and his infamous hair and has over 2,000 views. On Super Bowl Sunday the residents gathered in the activity room to cheer on their favorite team and watched the game on a 60 inch television donated for the day by Rent-A-Center in Salem. At the end of the day, the West wing prevailed as the Packers beat the Stealers 31-25. Go Pack Go!



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Windsor House, Inc. Health & Wellness Program Expansion



Windsor House, Incorporated is a family owned and operated business founded on Christian principles. We are people working together to provide the best possible quality of life in long term care. We are dedicated to providing a caring home for supportive living, with compassion toward those who depend on us to meet their needs. We promote independence and preserve dignity. That is our purpose... and our promise.

People

We believe that people are our most valuable asset. We believe that without residents, families, employees and employers, our nursing homes would not exist. We recognize individuality, diversity and promote teamwork.

Caring

We are compassionate toward those who depend on us to meet their needs. We strive to provide quality service, promote independence and preserve dignity.

Commitment

We are responsible to residents, their families, and our co-workers. We take pride in carrying out the mission of the founders in the community we serve.

Integrity

We affirm trustworthiness, honesty and fairness. We endeavor to protect the rights of the individual.

Between January and November 2010, 599 Windsor House employees lost a total of 1,383 pounds through the company's Health and Wellness Program. This voluntary program encompassed the philosophy of a healthy lifestyle, which included consistent physical fitness, and achieving / maintaining a healthy weight. Cash incentives were awarded to the three individuals who lost the highest percentage of weight loss.

During the last quarter of 2010, Ray Baltic, Maintenance Director at Omni Manor Health Care Center, was awarded with the top prize of \$500 for losing 11.88% of his total weight. Richelle Mills, a restorative aide at Windsor House at Champion, won a \$100 second place prize for losing 10.05 %. Finishing in third and losing 8.07% of her weight was Renee Forester, Administrator of Parkside Health Care Center.

Congratulations to everyone who participated!!!



Ray Baltic receives a \$500 grand prize check and certificate from Marci Craig, Human Resources Director and Omni Manor's Administrator Paul Fabian



Richelle Mills second place winner and Windsor House at Champion Administrator Joe Lambert.



TOTAL LOSS: 1,383 POUNDS



The third place Health and Wellness winner Renee Forester is congratulated by Marci Craig.