

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Armstrong Support Meeting April 16 2p-6p</b>  <b>Dementia Virtual Tour With Crossroads Hospice</b>	10:00 Balloon Volley 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 2:00 Hot Potato 3:00 High Low SS 3:00 Janga NS 4:00 Move to the Music & Babysitting 6:00 "April" Bingo <small>All Fools' Day</small>	10:00 Kick Ball 11:00 Chair-a-size 12:45 Walking Group 1:15 Small Group 2:00 <i>Making PB&amp;J</i> 2:30 <i>Snaking on PB&amp;J</i> 3:00 "SPRING" Bingo 4:00 Noodle Ball 6:00 Po-Ke-No 7:00 Snack Chat <small>Peanut butter and Jelly Day</small>	9:30 Rosary with Sandy 10:30 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group 2:00 <i>Music with Madison</i> 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea	10:00 Communion Chap 10:30 Card Bongo 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing 2:00 Monopoly NS 3:30 Rhythm & Movement 6:00 Bunny Ear Ring Toss 7:00 Drink Cart and Snack	10:00 "SPRING" Bingo 12:45 Walking Club 2:00 Sock Ball 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack	12:45 Waking Group 1:15 What's In the Bag 2:00 Javil Throw 3:30 Pass the Pigs 4:00 Music-N-Motion 6:00 Yard Darts 7:00 Lawrence Welk and Snack Time	
12:45 Warm Up 1:30 Walking Club 2:00 Sing-a-Long Hymns 3:00 Egg Toss 3:00 South Pacific Showing 4:00 Afternoon Stretch 6:00 Disk Toss 7:00 Coffee & Tea Cart <small>South Pacific Debut 1949</small>	10:00 Lucky Dice Game 10:30 Finish the Song 11:00 Noodle Exercise 12:45 Walking Club 2:00 <i>Music with Rachell</i> 3:30 Cards NS 4:00 Move to the Music & Babysitting 6:00 "April" Bingo	10:00 Chair Yoga 10:30 Sing-A-Long 12:45 Walking Group 2:00 Knitting Circle SS 2:00 Cards NS 3:30 Balloon Volley Ball 4:00 Balloon Relay 6:00 Ring Toss II 7:00 <i>Go Team Therapy Dogs</i> <small>Rosie the Riveter Day 1944</small>	10:00 Walking Club 10:30 Bible Study with Joe and Linda 12:45 Walking Club 1:15 Small Group 2:00 "April" Bingo SS 4:00 Sit Down Dancing 6:00 Disc Throw 7:00 Coffee & Tea <small>Day of Pink</small>	10:00 Communion Chap 10:30 Sensory Ring Toss 11:00 Music-n-motion 12:45 Walking Group 2:00 <i>Crafts with All Caring Hospice</i> 3:30 Balloon Relay 6:00 You Choose 7:00 Drink Cart and Snack	10:00 "April" Bingo 12:45 Walking Club 2:00 Corn Hole 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack	<i>Happy Birthday Rita!!</i> 12:45 Waking Group 2:00 <i>Easter Egg Hunt</i> 2:30 <i>Pictures with the Easter Bunny and Photo Booth</i> 3:30 <i>Coloring Eggs</i> 6:00 Bunny Ear Ring Toss 7:00 Lawrence Welk and Snack Time	
12:45 Warm Up 1:30 Walking Club 2:00 Church of Troy Service Chap 2:00 Sentimental Reflections 3:00 Basketball 3:30 Jell Beans 4:00 Afternoon Stretch 6:00 Ring Toss 7:00 Coffee & Tea Cart <small>Palm Sunday</small>	10:00 Balloon Volley 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 1:25 Small Group 2:00 <i>Making Cherry Blossom Trees</i> 3:30 Monopoly NS 4:00 Move to the Music & Babysitting 6:00 "April" Bingo	10:00 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group 2:00 Making Eggs 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea <i>Staff &amp; Family Dementia Virtual Tour 2:00-6:00 Cross Roads Hospice</i>	9:30 Rosary with Sandy 10:00 <i>Making Pizzas</i> 11:00 Chair-a-Size 12:45 Walking Group 2:00 <i>Pajama Party</i> 3:00 <i>Toss the Animal</i> 3:30 <i>Pass the Parcel</i> 4:00 <i>Balloon Relay</i> 6:00 Po-ke-No 7:00 Snack Chat	10:00 Communion Chap 10:30 Card Bongo 11:00 Music-n-motion 12:45 Walking Group 1:15 Small Group 2:00 Horse Racing 2:00 Monopoly NS 3:30 Rhythm & Movement 6:30 <i>Family Party with Take II</i>	10:00 "April" Bingo 12:45 Walking Club 2:00 Sock Ball 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack <small>Good Friday</small>	12:45 Waking Group 1:15 What's In the Bag 2:00 Pass the Pigs 3:00 Sing A Long 4:00 Chair-a-size 6:00 Yard Darts 7:00 Lawrence Welk and Snack Time	
10:00 Church of Troy Easter Service Chap 12:45 Walking Club 1:30 Cool Down 2:00 Egg Toss 3:00 Bunny Ear Ring Toss 4:00 Afternoon Stretch 6:00 Disk Toss 7:00 Coffee & Tea Cart <small>Easter Sunday</small>	<i>Happy Birthday Barb!!</i> 10:00 Luck Dice Game 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 2:00 Sensory Ring Toss 3:00 Cards NS 4:00 Move to the Music & Babysitting 6:00 "April" Bingo <small>Earth Day</small>	10:00 <i>Paws for People</i> 11:00 Resident/Food Council 12:45 Walking Group 1:15 Small Group 2:00 <i>Music with Claire</i> 3:30 Balloon Relay 6:00 Ring Toss 7:00 Snack Chat	10:00 Walking Club 10:30 Bible Study with Joe and Linda 12:45 Walking Club 1:15 Small Group 2:00 "April" Bingo SS 4:00 Sit Down Dancing 6:00 Disc Throw 7:00 Coffee & Tea	<i>Happy Birthday Ella!!</i> 10:00 Communion Chap 10:30 Egg Racing 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing 3:30 Rhythm & Movement 6:00 You Choose 7:00 Drink Cart and Snack	10:00 "April" Bingo 12:45 Walking Club 2:00 Corn Hole 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack <small>Arbor Day</small>	12:45 Waking Group 1:15 Small Group 2:00 <i>Making Mother's Day Cards with Girl Scout #80669</i> 3:00 Basketball 3:30 Sing-a-Long 6:00 Corn Hole 7:00 Lawrence Welk and Snack Time	
12:45 Warm Up 1:30 Walking Club 2:00 Church of Troy Service Chap 2:00 Sentimental Reflections 3:00 Basketball 3:30 Egg Toss 4:00 Afternoon Stretch 6:00 Ring Toss 7:00 Coffee & Tea Cart	10:00 Balloon Volley 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 2:00 Hot Potato 3:00 Kick Ball SS 3:00 Janga NS 4:00 Move to the Music & Babysitting 6:00 "April" Bingo	10:00 Chair Yoga 10:30 Sing-a-Long 12:45 Walking Group 1:15 Small Group 2:00 Craft 3:30 Po-Ke-No 3:30 Reading 6:00 Cheese & Mouse Game 7:00 Snack Chat	 <h1 style="color: #00AEEF;">April 2019</h1> <h2 style="color: #00AEEF;">Armstrong Memory Care Assisted Living</h2> <p style="color: #FF0000; font-weight: bold;">Meal Times: 8:00, 12:00 and 5:00</p>				

Activities on calendar subject to change

[www.ArmstrongMemoryCareAL.com](http://www.ArmstrongMemoryCareAL.com)