

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2019

Armstrong Memory Care Assisted Living

<p>12:45 Balloons 1:30 Walking Club 2:00 Church of Troy Service Chap 2:00 Sentimental Reflections 3:30 Bean Bag Toss 4:00 Afternoon Stretch 6:00 Ring Toss 7:00 Coffee & Tea Cart</p>	<p>10:00 Swat Balloons 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 2:00 Hot Potato 3:00 High Low SS 3:00 Janga NS 4:00 Move to the Music & Babysitting 6:00 Bingo</p>	<p>10:00 Dice Game 10:30 Kick Ball 11:00 Chair Yoga 12:45 Walking Club 1:15 Small Group 2:00 Root Beer Floats 3:30 Flip Flop Flipping 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p>9:30 Rosary with Sandy 10:30 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group <i>2:00 Music with Lorriane</i> 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p>10:00 Communion Chap 10:30 Balloons 11:00 Pong Ball 1:00 Walking Group 2:00 Dog Days of Summer Racing SS 2:00 Cards NS 3:00 Small Group 4:00 Chair Exercise <i>6:30 Concert at CEAL</i></p>	<p>10:00 Bingo 11:00 Tai-Chi 1:00 Ice Cream Sandwiches 2:00 Corn Hole 2:00 Pretty in Polish 3:00 Adult Coloring 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack <i>National Coloring Day</i></p>	<p>12:45 Waking Group 1:15 Chair Exercise 2:00 Number Bingo 3:00 Balloons Hockey 3:30 Horse-shoes 4:00 Music-N-Motion 6:00 Ring Toss 2 7:00 Lawrence Welk and Snack Time <i>Watermelon Day</i></p>
<p>12:45 Walking Club 1:30 Noodle Balls 2:00 Hymn Sing-a-Long 3:00 Bean Bag Toss 3:30 Kick Ball 4:00 Afternoon Stretch 6:00 Disk Toss 7:00 Coffee & Tea Cart</p>	<p>10:00 Lucky Dice Game 10:30 Finish the Rhyme 11:00 Noodle Exercise 12:45 Walking Club 2:00 Thrift Store & Tea Time 3:00 Ring Toss 3:00 Cards NS 4:00 Move to the Music & Babysitting 6:00 Bingo</p>	<p>10:00 Number Bingo 11:00 Exercise 12:45 Walking Group 2:00 Knitting Circle SS 2:00 Reading Roundtable NS 3:00 Bean Bag Toss 4:00 Kick Ball 6:00 Ring Toss II <i>7:00 Go Team Therapy Dogs</i></p>	<p>10:00 Walking Club 10:30 Bible Study with Joe and Linda 1:00 Small Group <i>2:00 The Dog Days of Summer Dog Show</i> 3:30 Noodle Balloon 4:00 Sit Down Dancing 6:00 Disc Throw 7:00 Coffee & Tea</p>	<p>10:00 Communion Chap 10:30 "Hot" Coconut 11:00 Bucket Toss 1:00 Pineapple Bowling <i>2:00 Spa Day</i> 3:00 Flip Flop Flippin 4:00 Chair Exercise <i>6:30 Sounds of Summer Concert "Dave Propri" Luau Day - Full Moon</i></p>	<p>10:00 Bingo 11:00 Tai-Chi 1:00 Klondike Bars 2:00 Corn Hole 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack <i>Klondike Day</i></p>	<p>12:45 Waking Group 1:15 Chair Exercise 2:00 Number Bingo 3:00 Balloons Hockey 3:30 Sing-a-Long 4:00 Music-N-Motion 6:00 Ring Toss 2 7:00 Lawrence Welk and Snack Time</p>
<p>12:45 Balloons 1:30 Walking Club 2:00 Church of Troy Service Chap 2:00 Sentimental Reflections 3:30 Sensory Ball Toss 4:00 Afternoon Stretch 6:00 Ring Toss 7:00 Coffee & Tea Cart</p>	<p>10:00 Swat Balloons 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 2:00 Hot Potato 3:00 High Low SS 3:00 Janga NS 4:00 Move to the Music & Babysitting 6:00 Bingo</p>	<p>10:00 Dice Game 10:30 Kick Ball 11:00 Chair Yoga 12:45 Walking Club 1:15 Small Group 2:00 Aqua Painting 3:30 Flip Flop Flipping 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p>9:30 Rosary with Sandy 10:30 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group 2:00 Bingo 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p>10:00 Communion Chap 10:30 Po-ke-no 11:00 Chair Yoga 12:45 Walking Group 2:00 Dog Days of Summer Racing 3:00 Small Group 4:00 Chair Exercise <i>6:30 Sounds of Summer Concert "The Nobles" 1950's Day</i></p>	<p><i>Happy Birthday Lola!!</i> 10:00 Bingo 11:00 Tai-Chi 12:45 Walking Club 2:00 Basketball 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	<p>12:45 Waking Group 1:15 Chair Exercise 2:00 Happy Birthday Betty A with Steve Fazzini 4:00 Music-N-Motion 6:00 Yard Darts 7:00 Lawrence Welk and Snack Time</p>
<p><i>Happy Birthday Betty A!!</i> 12:45 Walking Club 1:30 Noodles & Balloons 2:00 Hymn Sing-a-Long 3:30 Pigs Toss 4:00 Afternoon Stretch 6:00 Disk Toss 7:00 Coffee & Tea Cart <i>Wizard of Oz 80th Anniversary</i></p>	<p>10:00 Luck Dice Game 10:30 High Low 11:00 Noodle Exercise 12:45 Walking Club 2:00 Sensory Ring Toss 2:00 Cards NS 3:00 Balloons 4:00 Move to the Music & Babysitting 6:00 Bingo</p>	<p><i>10:00 Paws for People</i> 10:30 Number Bingo 11:00 Exercise 12:45 Walking Group 2:00 Church Service with Crossroads 3:30 Balloon Volley Ball 4:00 Balloon Relay 6:00 Ring Toss II 7:00 Coffee & Tea</p>	<p>10:00 Walking Club 10:30 Bible Study with Joe and Linda 1:00 Small Group 2:00 Bingo 3:30 Noodle Balloon 4:00 Sit Down Dancing 6:00 Disc Throw 7:00 Coffee & Tea</p>	<p>10:00 Communion Chap 10:30 Card Bongo 11:00 Chair Yoga 12:45 Walking Group 2:00 Dog Days of Summer Racing 3:00 Small Group 4:00 Chair Exercise <i>6:30 Sounds of Summer Concert "Rachell Joy" 1960's Day</i></p>	<p>10:00 Bingo 11:00 Tai-Chi 1:00 Popsicles 2:00 Corn Hole 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	<p>12:45 Waking Group 1:15 Chair Exercise 2:00 Slotz Ball 3:30 Kick Ball 4:00 Music-N-Motion 6:00 Ring Toss 7:00 Lawrence Welk and Snack Time</p>