

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

MASTERNICK MEMORIAL HEALTH CARE CENTER

1
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 11:00-2:00 LUNCH OUTING
 1:45 FUN CHALLENGE

2
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 CURRENT EVENTS
 1:45 RESIDENT'S CHOICE

Groundhog Day

3
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 TRIVIA
 1:45 RESIDENT'S CHOICE

4
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 SING~A~LONG
 1:45 BINGO

5
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 TRIVIA
 1:45 MINUTE CHALLENGE

Chinese New Year

6
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 CROSSWORDS
 1:45 BINGO
 3:00 ST. PAUL'S COMMUNION

7
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 WORD SEARCH
 1:45 MOVIE & MANICURES

8
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 REMINISCING
 1:45 BINGO

9
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 TRIVIA
 1:45 RESIDENT'S CHOICE

10
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 CURRENT EVENTS
 1:45 RESIDENT'S CHOICE

11
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 FAMILY FEUD
 1:45 BINGO

12
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 FUN CHALLENGE
 1:45 SEWING WITH BONNIE

13
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 ARM CHAIR TRAVEL
 1:45 MUSIC WITH STEVE MEDOVICH

14
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 WORD FIND
 1:45 VALENTINE PARTY



15
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 LIST IT
 1:45 BINGO

16
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 CURRENT EVENTS
 1:45 RESIDENT'S CHOICE

17
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 TRIVIA
 1:45 RESIDENT'S CHOICE

18
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 BOWLING
 1:45 BINGO

Presidents' Day (US)

19
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 MINUTE CHALLENGE
 1:45 BALLOON TOSS & MUSIC

20
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 PARACHUTES
 1:45 BINGO

21
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 MINUTE CHALLENGE
 1:45 CHURCH WITH ZONDA

22
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 SIMPLE JOKES
 1:45 MUSIC WITH JIM TOTI

23
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 TRIVIA
 1:45 RESIDENT'S CHOICE

24
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 CURRENT EVENTS
 1:45 RESIDENT'S CHOICE

25
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 MUSIC & EXERCISE
 1:45 MUSIC WITH THE DON WORK

26
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 WORD SEARCH
 1:45 RESIDENT COUNCIL

27
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 MUSIC & EXERCISE
 1:45 BINGO

28
 9:45 DAILY DEVOTIONS
 10:00 CHAIR EXERCISE
 10:15 FUNNY VIDEOS
 1:45 MOVIE & MANICURES

ALL ACTIVITIES SUBJECT TO CHANGE