

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
		7:15 coffee and prayer 1 11:00 rose bowl parade On T.V. 1:00 movie time 2:30 artistic expressions through adult coloring 7:00 card games  <small>New Year's Day</small>	7:15 coffee and 2 current events 10:00 exercise 1:00 kickball 2:15 happy hour 7:00 bingo	7:15 coffee and 3 daily bread 9:30 choc cherry dessert 1:00 eraser board games 2:30 video shorts 7:00 movie night ( Indiana jones-raiders of the lost ark ) <small>National chocolate cherry day</small>	7:15 coffee and 4 current prayer 10:00 exercise 1:00 giant crossword 2:30puzzle time 7:00 bingo	10:00 coffee and 5 conversation 1:00 card games 3:00 puzzles 7:00 games of choice
10:00 communion with 6 Lou Jacquet 10:30 coffee and fellowship 1:00 football 3:00 puzzles 7:00 bingo	7:15 coffee and daily 7 bread 10:00 exercise 1:00 board games 2:15 puzzles for the mind 7:00 bingo	7:15 coffee and prayer 8 9:30 manicures 1:00 aromatherapy and skin hydration with scented lotions 2:15 artistic expressions 7:00 card games <small>NATIONAL WINTER SKIN            RELIEF DAY</small>	7:15 coffee and 9 current events 9:15 shopping at walmart 12.45 shopping at dollar general 2:15 happy hour 7:00 bingo	7:15 coffee and 10 daily bread 9:30 arts and crafts 1:00 Red hat Club with Judy 2:30 video shorts 7:00 movie night ( the mummy )	7:15 coffee and 11 current prayer 10:00 exercise 1:00 bingo for quarters 2:30puzzle time 7:00 bingo	10:00 coffee and 12 conversation 1:00 crayon art project 3:00 eraser board games 7:00 games of choice
10:00 communion with 13 Lou Jacquet 10:30 coffee and fellowship 1:00 bingo 3:00 puzzles 7:00 bingo	7:15 coffee and daily 14 bread 10:00 exercise 1:00 kickball 2:15 puzzles for the mind 7:00 bingo	7:15 coffee and 15 prayer 9:30 manicures 1:00 board games 2:15 artistic expressions through adult coloring 7:00 card games	7:15 coffee and 16 current events 10:00 exercise 1:00 resident meeting 2:15 happy hour 7:00 bingo	7:15 coffee and 17 daily bread 9:30 making snow berries 1:00 monthly birthday party 2:30 video shorts 7:00 movie night (blazing saddles )	7:15 coffee and 18 current prayer 10:00 exercise 1:00 national soup month festivities 2:30puzzle time 7:00 bingo	10:00 coffee and 19 conversation 1:00 card games 3:00 puzzles 7:00 games of choice
10:00 communion with 20 Lou Jacquet 10:30 coffee and fellowship 1:00 movie 3:00 puzzles 7:00 bingo	7:15 coffee and daily 21 bread 10:00 exercise 1:00 I have a dream documentary 2:15 puzzles for the mind 7:00 bingo <small>Luther King Day            Tu B'Shevat</small>	7:15 coffee and 22 prayer 9:30 manicures 1:00 bible study with Major Joe 2:15 artistic expressions through adult coloring 7:00 card games	7:15 coffee and 23 current events 10:00 shopping at rulli bros 1:00 shopping at marcs 2:15 happy hour 7:00 bingo	7:15 coffee and 24 daily bread 9:30 do you wanna build a snowman? 1:00 mystery bingo 2:30 video shorts 7:00 movie night (woody woodpecker )	7:15 coffee and 25 current prayer 10:00 exercise 1:00 giant crossword 2:30puzzle time 7:00 bingo	10:00 coffee and 26 conversation 2:00 music with Vinnie 3:00 eraser board games 7:00 games of choice
10:00 communion with 27 Lou Jacquet 10:30 coffee and fellowship 1:00 Tazwell ministries 3:00 puzzles 7:00 bingo	7:15 coffee and daily 28 bread 10:00 exercise 1:00 rubber duckie day party 2:15 puzzles for the mind 7:00 bingo <small>Australia Day (observed)</small>	7:15 coffee and praye 29 9:30 manicures 1:00 eraser board games 2:15 artistic expressions through adult coloring 7:00 card games	7:15 coffee and 30 current events 10:00 exercise 1:00 brain swaggle with Tracey 2:15 happy hour 7:00 bingo	7:15 coffee and 31 daily bread 9:30 arts and crafts 1:00 paint and sip class 2:30 video shorts 7:00 movie night ( in the army now ) <small>Inspire your heart with art day</small>	* ACTIVITIES AND TRIPS ARE SUBJECT TO CHANGE  OMNI WEST ASSISTED LIVING 3259 VESTAL RD. YOUNGSTOWN, OHIO 44509 330-793-4404 WWW.OWAL.COM	