

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

JUNE 2019

Armstrong Memory Care Assisted Living

<p style="text-align: right; font-weight: bold;">2</p> <p>12:45 Walking Club 1:30 Noodle Ball 2:00 Hymn Sing-a-Long 3:30 Pigs Toss 4:00 Afternoon Stretch 6:00 Disk Toss 7:00 Coffee & Tea Cart</p>	<p style="text-align: right; font-weight: bold;">3</p> <p>10:00 Swat Balloons 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 2:00 Hot Potato 3:00 High Low SS 3:00 Janga NS 4:00 Move to the Music & Babysitting 6:00 "June" Bingo</p>	<p style="text-align: right; font-weight: bold;">4</p> <p>10:00 Dice Game 10:30 Sing-a-Long 11:00 Chair Yoga 12:45 Walking Club 1:15 Small Group <i>2:00 Plastic Bottle Wind Spinners</i> 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p style="text-align: right; font-weight: bold;">5</p> <p>10:00 Walking Club 10:30 Bible Study with Joe and Linda 12:45 Walking Club 1:15 Small Group <i>2:00 Music with Clair Besse</i> 4:00 Sit Down Dancing 6:00 Disc Throw 7:00 Coffee & Tea</p>	<p style="text-align: right; font-weight: bold;">6</p> <p>10:00 Communion Chap 10:30 Card Bongo 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing SS 2:00 Cards NS 3:30 Rhythm & Movement 4:00 Finish this Song 6:00 Cheese & Mouse Game 7:00 Drink Cart and Snack</p>	<p style="text-align: right; font-weight: bold;">7</p> <p>10:00 "June" Bingo 11:00 Tai-Chi 12:45 Walking Club 2:00 Horse Shoes 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	<p style="text-align: right; font-weight: bold;">1</p> <p>12:45 Walking Group 1:15 What's In the Bag 2:00 Bean Bag Toss 3:30 Javelin' 4:00 Music-N-Motion 6:00 Yard Darts 7:00 Lawrence Welk and Snack Time</p>
<p style="text-align: right; font-weight: bold;">9</p> <p>12:45 Balloons 1:30 Walking Club 2:00 Church of Troy Service Chap 2:00 Sentimental Reflections 3:30 Bean Bag Toss 4:00 Afternoon Stretch 6:00 Ring Toss 7:00 Coffee & Tea Cart <small>Shavuot</small></p>	<p style="text-align: right; font-weight: bold;">10</p> <p>10:00 Luck Dice Game 10:30 High Low 11:00 Noodle Exercise 12:45 Walking Club 2:00 Sensory Ring Toss 2:00 Cards NS 3:00 Balloons 4:00 Move to the Music & Babysitting 6:00 "June" Bingo</p>	<p style="text-align: right; font-weight: bold;">11</p> <p>10:00 Number Bingo 11:00 Exercise 12:45 Walking Group 2:00 Knitting Circle SS 2:00 Reading Roundtable NS 3:00 Bean Bag Toss 4:00 Kick Ball 6:00 Ring Toss II <i>7:00 Go Team Therapy Dogs</i></p>	<p style="text-align: right; font-weight: bold;">12</p> <p>9:30 Rosary with Sandy 10:30 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group 2:00 "June" Bingo 2:00 Pamper Day 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p style="text-align: right; font-weight: bold;">13</p> <p>10:00 Communion Chap 10:30 Po-Ke-No 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing SS 2:00 Games NS 3:30 Rhythm & Movement 4:00 Pong Ball <i>6:30 Party with Rachell</i></p>	<p style="text-align: right; font-weight: bold;">14</p> <p>10:00 "Flag" Bingo 11:00 Tai-Chi 12:45 Walking Club 2:00 Lawn Darts 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack <small>Flag Day (US)</small></p>	<p style="text-align: right; font-weight: bold;">15</p> <p>12:45 Walking Group 1:15 Small Group 2:00 Ring Toss 3:30 Pass the Pigs 4:00 Music-N-Motion 6:00 Yard Darts 7:00 Lawrence Welk and Snack Time</p>
<p style="text-align: right; font-weight: bold;">16</p> <p>12:45 Noodle Ball <i>2:00 Father Day Celebration With Lorraine Lewis</i> 3:30 Bucket Toss 4:00 Afternoon Stretch 6:00 Disk Toss 7:00 Coffee & Tea Cart <small>Father's Day</small></p>	<p style="text-align: right; font-weight: bold;">17</p> <p>10:00 Swat Balloons 10:30 Finish That Song 11:00 Noodle Exercise 12:45 Walking Club 2:00 Hot Potato 3:00 High Low SS 3:00 Janga NS 4:00 Move to the Music & Babysitting 6:00 "June" Bingo</p>	<p style="text-align: right; font-weight: bold;">18</p> <p>10:00 Dice Game 10:30 Sing-a-Long 11:00 Chair Yoga 12:45 Walking Club 1:15 Small Group <i>2:00 Craft with All Caring Hospice</i> 3:00 Finish the Rhyme 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p style="text-align: right; font-weight: bold;">19</p> <p>10:00 Walking Club 10:30 Bible Study with Joe and Linda 12:45 Walking Club 1:15 Small Group <i>2:00 Music with Madison</i> 4:00 Sit Down Dancing 6:00 Disc Throw 7:00 Coffee & Tea</p>	<p style="text-align: right; font-weight: bold;">20</p> <p>10:00 Communion Chap 10:30 Card Bongo 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing SS 2:00 Cards NS 3:30 Rhythm & Movement 4:00 Finish this Song 6:00 Cheese & Mouse Game 7:00 Drink Cart and Snack</p>	<p style="text-align: right; font-weight: bold;">21</p> <p>10:00 "June" Bingo 11:00 Tai-Chi 12:45 Walking Club 2:00 Horse Shoes 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack <small>Summer Begins</small></p>	<p style="font-size: 2em; font-weight: bold; color: #008080;">Beach Party</p> 
<p style="text-align: right; font-weight: bold;">23</p> <p>12:45 Balloons 1:30 Walking Club 2:00 Church of Troy Service Chap 2:00 Sentimental Reflections 3:30 Bucket Toss 4:00 Afternoon Stretch 6:00 Ring Toss 7:00 Coffee & Tea Cart</p>	<p style="text-align: right; font-weight: bold;">24</p> <p>10:00 Luck Dice Game 10:30 High Low 11:00 Noodle Exercise 12:45 Walking Club 2:00 Sensory Ring Toss 2:00 Cards NS 3:00 Balloons 4:00 Move to the Music & Babysitting 6:00 "June" Bingo</p>	<p style="text-align: right; font-weight: bold;">25</p> <p><i>10:00 Paws for People</i> 10:30 Number Bingo 11:00 Exercise 12:45 Walking Group 2:00 Knitting Circle SS 2:00 Reading Roundtable NS 3:30 Balloon Volley Ball 4:00 Balloon Relay 6:00 Ring Toss II 7:00 Coffee & Tea</p>	<p style="text-align: right; font-weight: bold;">26</p> <p>9:30 Rosary with Sandy 10:30 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group 2:00 "June" Bingo 2:00 Pamper Day 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p style="text-align: right; font-weight: bold;">27</p> <p>10:00 Communion Chap 10:30 Po-Ke-No 11:00 Music-n-motion 12:45 Walking Group 1:15 Small Group 2:00 Horse Racing 2:00 Games NS 3:30 Rhythm & Movement 4:00 Kick Ball 6:00 Pong Ball</p>	<p style="text-align: right; font-weight: bold;">28</p> <p>10:00 "June" Bingo 12:45 Walking Club 2:00 Lawn Darts 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	<p style="text-align: right; font-weight: bold;">29</p> <p>12:45 Waking Group 1:15 Small Group 2:00 Number Bingo 3:00 Noodle Hockey 3:30 Music Ball 4:00 Music-N-Motion 6:00 Ring Toss 2 7:00 Lawrence Welk and Snack Time</p>

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12:45 Walking Club
1:30 Noodle Balls
2:00 Hymn Sing-a-Long
3:00 Bean Bag Toss
3:30 Kick Ball
4:00 Afternoon Stretch
6:00 Disk Toss
7:00 Coffee & Tea Cart



Meal Times: 8:00, 12:00 and 5:00

Family Communication Meeting
June 13 6:00 - Cafe'
Family Party with Rachell Joy
6:30

Summer Beach Party
Residents, Staff and Family Members
Saturday June 22 12-2
RSVP June 13!!!!



