

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2019



## WEST HAVEN AT OMNI WEST ASSISTED LIVING

					<p>9:00 coffee and current events 10:00 exercise 1:00 trivia time 3:00 bingo 6:00 music and snacks</p>	<p>10:00 coffee and "oldies but goodies" 1:00 manicures and nail care 3:00 bingo 6:00 word find games</p>
<p>9:00 board and table games 10:00 communion Coffee and fellowship 1:00 games in the sunroom 3:00 bingo 7:00 thinking games</p>	<p>9:00 ipad adventure with coffee 10:00 exercise class 1:00 ball toss 3:00 bingo 6:00 eraser board games and snacks</p>	<p>9:00 adult coloring and coffee hour 10:00 flashcard fitness 1:00 all about Elvis 3:00 bingo 6:00 music and snacks</p> <p style="text-align: center;"><small>Mardi Gras</small></p>	<p>9:30 manicures 10:00 poetry with Wendy 1:00 Ash Wednesday Service 3:00 bingo 6:00 movie night</p> <p style="text-align: center;"><small>Ash Wednesday</small></p>	<p>9:30 coffee and music 10:00 eraser board games 1:00 making apple dump cake 3:00 bingo 6:00 flashcard fitness</p>	<p>9:00 coffee and current events 10:00 exercise 1:00 have you ever? 3:00 bingo 6:00 music and snacks</p>	<p>10:00 coffee and "oldies but goodies" 1:00 manicures and nail care 3:00 bingo 6:00 word find games</p>
<p>9:00 board and table games 10:00 communion Coffee and fellowship 1:00 games in the sunroom 3:00 bingo 7:00 thinking games</p> <p style="text-align: center;"><small>Daylight Saving Time Begins</small></p>	<p>9:00 ipad adventure with coffee 10:00 exercise class 1:00 resient meeting 3:00 bingo 6:00 eraser board games and snacks</p>	<p>9:00 adult coloring and coffee hour 10:00 flashcard fitness 1:00 all about the "Rat Pack" 3:00 bingo 6:00 music and snacks</p>	<p>9:00 Ursuline Student visitors 10:00 poetry with Wendy 1:00 manicures and beauty shop visits 3:00 bingo 6:00 movie night</p>	<p>9:30 coffee and music 10:00 eraser board games 1:00 making and frosting cupcakes 3:00 bingo 6:00 flashcard fitness</p>	<p>9:00 coffee and current events 10:00 trivia time 1:00 st patricks day craft 3:00 bingo 6:00 music and snacks</p>	<p>10:00 coffee and "oldies but goodies" 1:00 sing along with Joyce Bowser 3:00 bingo 6:00 word find games</p>
<p>9:00 board and table games 10:00 communion Coffee and fellowship 1:00 games in the sunroom 3:00 bingo 7:00 thinking games</p> <p style="text-align: center;"><small>St. Patrick's Day</small></p>	<p>9:00 ipad adventure with coffee 10:00 exercise class 1:00 st patricks day party 3:00 bingo 6:00 eraser board games and snacks</p>	<p>9:00 adult coloring and coffee hour 10:00 flashcard fitness 1:00 all about Shirley Temple 3:00 bingo 6:00 music and snacks</p>	<p>9:00 Ursuline Student visitors 10:00 poetry with Wendy 1:00 manicures and beauty shop visits 3:00 bingo 6:00 movienight</p> <p style="text-align: center;"><small>Spring Begins</small></p>	<p>9:30 coffee and music 10:00 eraser board games 1:00 making chocolate covered pretzels 3:00 bingo 6:00 flashcard fitness</p> <p style="text-align: center;"><small>Purin</small></p>	<p>9:00 coffee and current events 10:00 exercise 1:00 have you ever? 3:00 bingo 6:00 music and snacks</p>	<p>10:00 coffee and "oldie but goodies" 1:00 manicures and nail care 3:00 bingo 6:00 word find games</p>
<p>9:00 board and table games 10:00 communion Coffee and fellowship 1:00 games in the sunroom 3:00 bingo 7:00 thinking games</p>	<p>9:00 ipad adventure with coffee 10:00 exercise class 1:00 ball toss 3:00 bingo 6:00 eraser board games and snacks</p>	<p>9:00 adult coloring and coffee hour 10:00 flashcard fitness 1:00 bible study with major Joe 3:00 bingo 6:00 music and snacks</p>	<p>9:00 Ursuline Student visitors 10:00 poetry with Wendy 1:00 manicures and beauty shop visits 3:00 bingo 6:00 movienight</p>	<p>9:30 coffee and music 10:00 eraser board games 1:00 making fruit dip 3:00 bingo 6:00 flashcard fitness</p>	<p>9:00 coffee and current events 10:00 exercise 1:00 trivia time 3:00 bingo 6:00 music and snacks</p>	<p>10:00 coffee and "oldie but goodies" 1:00 manicures and nail care 3:00 bingo 6:00 word find games</p>
<p>9:00 board and table games 10:00 communion Coffee and fellowship 1:00 games in the sunroom 3:00 bingo 7:00 thinking games</p>	<p><b>OMNI WEST ASSISTED LIVING</b>  <b>3259 VESTAL RD</b>  <b>YOUNGSTOWN OHIO</b>  <b>44509</b>  <b>1330-793-4404</b>  <b>WWW.OWAL.COM</b></p>					