

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2019

Armstrong Memory Care Assisted Living

 <h1>May 2019</h1> <h2>Armstrong Memory Care Assisted Living</h2>			<p><i>Happy Birthday Frank A!!</i></p> <p>9:30 Rosary with Sandy 1 10:30 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group 2:00 "May" Bingo 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p> <p>May Day</p>	<p>10:00 Communion Chap 2 10:30 Card Bongo 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing 3:30 Rhythm & Movement 4:00 Finish this Song 6:00 Cheese & Mouse Game 7:00 Drink Cart and Snack</p>	<p>10:00 "May" Bingo 3 12:45 Walking Club 2:00 Sock Ball 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	 <p>9:00-4:00</p> <p>We will have activities at regular times today</p>
<p>12:45 Warm Up 1:30 Walking Club 2:00 "Cinco de Mayo" Bingo 3:30 Pigs 4:00 Afternoon Stretch 6:00 Disk Toss 7:00 Coffee & Tea Cart</p> <p>Cinco de Mayo</p>	<p>10:00 Balloon Volley 6 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 2:00 Hot Potato 3:00 High Low SS 3:00 Janga NS 4:00 Move to the Music & Babysitting 6:00 "May" Bingo</p> <p>Ramadan</p>	<p>10:00 Sing-a-Long 7 11:00 Chair Yoga 12:45 Walking Club 1:15 Small Group 2:00 <i>Painting Zinnia Pinecones</i> 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p>10:00 Walking Club 8 10:30 Bible Study with Joe and Linda 12:45 Walking Club 1:15 Small Group 2:00 "May" Bingo 4:00 Sit Down Dancing 6:00 Disc Throw 7:00 Coffee & Tea</p>	<p>10:00 Communion Chap 9 10:30 Po-Ke-No 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing 2:00 Cards NS 3:30 Rhythm & Movement 4:00 Pong Ball 6:00 Ring Toss 7:00 Drink Cart and Snack</p>	<p>10:00 "May" Bingo 10 12:45 Walking Club 1:30 <i>Music with Roger Rootbeer Float Day</i> 3:00 Javil Throw 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	<p>12:45 Walking Group 11 1:15 What's In the Bag 2:00 Number Bingo 3:30 Pass the Pigs 4:00 Music-N-Motion 6:00 Yard Darts 7:00 Lawrence Welk and Snack Time</p>
<p>1:30 <i>"Mother's Day Celebration"</i> <i>Music with the Nobles</i> 3:00 <i>Church with Church of Troy Chap</i> 6:00 <i>Yardzee</i></p> 	<p>10:00 Luck Dice Game 13 10:30 High Low 11:00 Noodle Exercise 12:45 Walking Club 2:00 Sensory Ring Toss 2:00 Cards NS 4:00 Move to the Music & Babysitting 6:00 "May" Bingo</p>	<p>10:00 Number Bingo 14 11:00 Exercise 12:45 Walking Group 2:00 Knitting Circle SS 2:00 Reading Roundtable NS 3:30 Balloon Volley Ball 4:00 Balloon Relay 6:00 Ring Toss II 7:00 <i>Go Team Therapy Dogs</i></p>	<p>9:30 Rosary with Sandy 15 10:30 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group 2:00 "May" Bingo 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p>10:00 Communion Chap 16 10:30 Card Bongo 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing 2:00 Monopoly NS 3:30 Rhythm & Movement 4:00 Finish this Saying 6:30 <i>Ceramics with Daramics</i></p>	<p>10:00 "May" Bingo 17 12:45 Walking Club 2:00 Sensory Ball Toss 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	<p>12:45 Waking Group 18 1:15 Chair Exercise 2:00 Pass the Pigs 3:00 Kick Ball 3:30 Yes or No 4:00 Music-N-Motion 6:00 Ring Toss 2 7:00 Lawrence Welk and Snack Time</p> <p>Armed Forces Day</p>
<p>12:45 Warm Up 1:30 Walking Club 2:00 Hymn Sing-a-Long 3:00 Penny Pinch 3:30 Pigs 4:00 Afternoon Stretch 6:00 Disk Toss 7:00 Coffee & Tea Cart</p>	<p>10:00 Balloon Volley 20 10:30 Finish the Phrase 11:00 Noodle Exercise 12:45 Walking Club 2:00 <i>Craft Stick Wreath</i> 3:00 High Low SS 3:00 Janga NS 4:00 Move to the Music & Babysitting 6:00 "May" Bingo</p> <p>Victoria Day (Canada)</p>	<p>10:00 Sing-a-Long 21 11:00 Chair Yoga 12:45 Walking Club 1:15 Small Group 2:00 Twister Toss SS 2:00 Games NS 3:00 Finish the Rhyme 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p>10:00 Walking Club 22 10:30 Bible Study with Joe and Linda 12:45 Walking Club 1:15 Small Group 2:00 <i>May Birthday Party with Richard</i> 4:00 Sit Down Dancing 6:00 Disc Throw 7:00 Coffee & Tea</p>	<p>10:00 Communion Chap 23 10:30 Po-Ke-No 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing 2:00 Cards NS 3:30 Rhythm & Movement 6:00 Cheese & Mouse Game 7:00 Drink Cart and Snack</p>	<p>10:00 "May" Bingo 24 12:45 Walking Club 2:00 Javil Throw 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	<p>12:45 Waking Group 25 1:15 What's In the Bag 2:00 Number Bingo 3:30 Pass the Pigs 4:00 Music-N-Motion 6:00 Yard Darts 7:00 Lawrence Welk and Snack Time</p>
<p><i>Happy Birthday Theresa M!!</i></p> <p>12:45 Warm Up 1:30 Walking Club 2:00 Church of Troy Service Chap 2:00 Sentimental Reflections 3:30 Pigs 4:00 Afternoon Stretch 6:00 Ring Toss 7:00 Coffee & Tea Cart</p>	<p>10:00 Luck Dice Game 27 10:30 High Low 11:00 Noodle Exercise 12:45 Walking Club 2:00 Sensory Ball Toss 3:00 Lawn Darts 4:00 Move to the Music & Babysitting 6:00 "May" Bingo</p> <p>Memorial Day</p>	<p>10:00 <i>Paws for People</i> 10:30 Resident/Food Council 12:45 Walking Group 1:15 Small Group 2:00 Knitting Circle SS 2:00 Reading Round Table NS 3:30 Balloon Volley Ball 6:00 Ring Toss 7:00 Snack Chat</p>	<p>9:30 Rosary with Sandy 29 10:30 Sing-a-Long 11:00 Balloon Swat 12:45 Walking Club 1:15 Small Group 2:00 "May" Bingo 4:00 Sit Down Dancing 6:00 Corn Hole 7:00 Coffee & Tea</p>	<p>10:00 Communion Chap 30 10:30 Card Bongo 11:00 Music-n-motion 12:45 Walking Group 2:00 Horse Racing 2:00 Monopoly NS 3:30 Rhythm & Movement 6:00 Ring Toss 7:00 Drink Cart and Snack</p>	<p>10:00 "May" Bingo 31 12:45 Walking Club 2:00 Sock Ball 2:00 Pretty in Polish 3:30 Chair Exercise 4:15 Finish The Song 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>	<p><i>Family Communication Meeting</i> <i>April 16th at 6:00</i></p> <p><i>Daramics Ceramics StudioEvent</i> 6:30</p>

Activities on calendar subject to change

Weather permitting some activities will be in the courtyard

www.ArmstrongMemoryCareAL.com