

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2020

## WEST HAVEN AT OMNI WEST ASSISTED LIVING

|  |    |  |    |  |   |  |   |  |  |  |    |   |    |
|--|----|--|----|--|---|--|---|--|--|--|----|---|----|
|  |    |  |    |  | 9:30 coffee hour and fun with food<br>1-3family/social visits<br>3:00 bingo<br>6:00 painting, adult coloring and snacks | 1  | 9:30 coffee and 1:1 visits<br>1:00 finish the phrase game<br>3:00 exercise time<br>6:00 guessing games and snacks<br><br><small>Sukkot Begins</small> | 2  | 9:30 coffee and Conversation<br>1:00 reminiscing and trivia<br>Time in the sunroom<br>3:00 bingo<br>6:00 adult coloring and snacks | 3  |    |   |    |
| 9:30 church service via EWTV<br>1:00 1:1 visits, courtyard social<br>3:00 flashcard fitness<br>6:00 snacks and room visits | 4  | 9:30 coffee and current events<br>10:00 stretching out<br>1:00 exercising the mind<br>Trivia, word games, matching<br>3:00 bingo<br>6:00 movie and a snack   | 5  | 9- 11 family/social visits<br>9:30 coffee, manicures and nail care<br>1:30 movietime<br>3:00 bingo<br>6:00 music and snacks  | 6   | 9:30 coffee and conversation<br>12:30 Ball toss, corn hole, and music<br>3:00 walking group<br>6:00 guessing games and snacks            | 7   | 9:30 coffee hour and Arts and crafts<br>1-3 family/social visits<br>3:00 bingo<br>6:00 painting, adult coloring and snacks | 8  | 9:30 coffee and 1:1 visits<br>1:00 finish the phrase game<br>3:00 exercise time<br>6:00 guessing games and snacks  | 9  | 9:30 coffee and Conversation<br>1:00 reminiscing and trivia<br>Time in the sunroom<br>3:00 bingo<br>6:00 adult coloring and snacks<br><br><small>Simchat Torah Begins</small> | 10 |
| 9:30 church service via EWTV<br>1:00 1:1 visits, courtyard social<br>3:00 flashcard fitness<br>6:00 snacks and room visits | 11 | 9:30 coffee and current events<br>10:00 stretching out<br>1:00 exercising the mind<br>Trivia, word games, matching<br>3:00 bingo<br>6:00 movie and a snack<br><small>Thanksgiving Day (Canada)</small> | 12 | 9- 11 family/social visits<br>9:30 coffee, manicures and nail care<br>1:30 movie time<br>3:00 bingo<br>6:00 music and snacks | 13  | 9:30 coffee and conversation<br>12:30 Ball toss, corn hole, and music<br>3:00 walking group<br>6:00 guessing games and snacks            | 14  | 9:30 coffee hour and fun with food<br>1-3 family/social visits<br>3:00 bingo<br>6:00 painting, coloring and snacks         | 15   | 9:30 coffee and 1:1 visits<br>1:00 finish the phrase game<br>3:00 exercise time<br>6:00 guessing games and snacks  | 16 | 9:30 coffee and Conversation<br>1:00 reminiscing and trivia<br>Time in the sunroom<br>3:00 bingo<br>6:00 adult coloring and snacks  | 17 |
| 9:30 church service via EWTV<br>1:00 1:1 visits, courtyard social<br>3:00 flashcard fitness<br>6:00 snacks and room visits | 18 | 9:30 coffee and current events<br>10:00 stretching out<br>1:00 exercising the mind<br>Trivia, word games, matching<br>3:00 bingo<br>6:00 movie and a snack   | 19 | 9- 11 family/social visits<br>9:30 coffee, manicures and nail care<br>1:30 movie time<br>3:00 bingo<br>6:00 music and snacks | 20  | 9:30 coffee and conversation<br>12:30 Ball toss, corn hole, and music<br>3:00 walking group<br>6:00 guessing games and snacks            | 21  | 9:30 coffee hour and Arts and crafts<br>1-3 family/social visits<br>3:00 bingo<br>6:00 painting, adult coloring and snacks | 22   | 9:30 coffee and 1:1 visits<br>1:00 finish the phrase game<br>3:00 exercise time<br>6:00 guessing games and snacks  | 23 | 9:30 coffee and Conversation<br>1:00 reminiscing and trivia<br>Time in the sunroom<br>3:00 bingo<br>6:00 adult coloring and snacks  | 24 |
| 9:30 church service via EWTV<br>1:00 1:1 visits, courtyard social<br>3:00 flashcard fitness<br>6:00 snacks and room visits | 25 | 9:30 coffee and current events<br>10:00 stretching out<br>1:00 exercising the mind<br>Trivia, word games, matching<br>3:00 bingo<br>6:00 movie and a snack   | 26 | 9- 11 family/social visits<br>9:30 coffee, manicures and nail care<br>1:30 movie time<br>3:00 bingo<br>6:00 music and snacks | 27  | 9:30 coffee and conversation<br>12:30social time Ball toss, corn hole, and music<br>3:00 walking group<br>6:00 guessing games and snacks | 28  | 9:30 coffee hour and fun with food<br>1-3 family/social/visits<br>3:00 bingo<br>6:00 painting, adult coloring and snacks   | 29   | 9:30 coffee and all about halloween<br>11:30 costume parade and Spooky lunch<br>1:00 finish the phrase<br>3:00 exercise time<br>6:00 guessing games and snacks | 30 | 9:30 coffee and Conversation<br>1:00 reminiscing and trivia<br>Time in the sunroom<br>3:00 bingo<br>6:00 adult coloring and snacks<br><br><small>Halloween</small>            | 31 |