

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>AMCAL Olympics</b> <i>September 14 - September 18</i></p> <hr/> <p><b>Assisted Living Week</b> <i>September 13 - September 19</i></p>	<p>10:00 Hydration Cart 11:00 Chair-a-size 12:00 Lunch and Music 2:00 Happy Hour 2:30 Manicures &amp; Massages <b>2:30 Video Concert Debbie Reynolds</b> 3:00 Small Groups SS 4:00 Sit Down Dancing 6:00 Pizza Toss 7:00 Coffee Cart</p>	<p>10:00 Hallway Hydration Cart 10:30 Sing-a-Long 11:00 Chair Yoga 1:00 Patio Social 2:00 Happy Hour 2:30 Bingo SS 2:30 Sensory Cart SS/RM 4:00 Sit Down Dancing 6:00 Ring Toss 7:00 Snack Chat <i>Full "Corn" Moon</i></p>	<p>10:00 Hallway Hydration Cart 10:30 Kick Ball Outside 12:00 Lunch &amp; Music 2:00 Happy Hour 2:30 Horse Race 4:00 Music &amp; Motion 6:00 Puzzles</p>	<p>10:00 Hallway Hydration Cart 10:30 High Low 11:00 Tai Chi 12:00 Lunch and Music <b>2:00 Wine &amp; Cheese Party</b> 4:00 Noodle Ball 6:30 Creative Coloring <i>Cheese Only Day</i></p>	<p>10:15 Hydration Cart 10:45 Noodle Hockey 1:00 Chair Exercise 2:00 Happy Hour 2:30 Number Bingo 4:00 Music-N-Motion 6:00 Busy Table 7:00 Lawrence Welk PBS <i>National Bacon Day</i></p>
<p>10:15 Hydration Cart 10:45 Ring Toss 12:45 Balloons 2:00 Happy Hour 2:30 Hymn Sing-a-Long 3:30 Bean Bag Toss 4:00 Afternoon Stretch 6:00 Creative Coloring</p>	<p>10:00 Hydration Cart 10:30 Patio Social 11:00 Exercise 12:00 Lunch &amp; Music <b>2:00 Banana Split Party</b> <b>2:00 Video Concert Elvis</b> 4:00 Sit and Be Fit 6:00 Puzzles <i>Labor Day</i></p>	<p>10:00 Hydration Cart 11:00 Chair-a-size 12:00 Lunch and Music 1:00 Yard Darts 2:00 Happy Hour 2:30 Manicures &amp; Massages 3:00 Dice Game NS 4:00 Sit Down Dancing 6:00 Busy Table</p>	<p>10:00 Hallway Hydration Cart 10:30 Sing-a-Long 11:00 Chair Yoga 12:00 Lunch &amp; Music 1:00 Patio Social 2:00 Happy Hour 2:30 Bingo 4:00 Sit Down Dancing 6:00 Yardzee 7:00 Snack Chat <i>Happy Birthday Colonel Sanders</i></p>	<p>10:15 Hallway Hydration Cart 10:00 Manicures &amp; Massages FD 11:00 Bucket Toss 12:00 Lunch &amp; Music 1:00 Afternoon Stretch 2:00 Happy Hour 2:30 Horse Race 4:00 Noodle Ball 6:00 Puzzles</p>	<p>10:00 Hallway Hydration Cart 10:30 High Low 11:00 Tai Chi 1:00 Kick Ball 2:00 Happy Hour 2:30 Number Bingo 4:00 Noodle Ball 6:30 Creative Coloring</p>
<p>10:15 Hydration Cart 10:45 Bean Bag Toss 12:45 Noodle Balloons <b>2:00 Grandparents Day Celebration</b> 3:30 Ring Toss 4:00 Afternoon Stretch 6:00 Creative Coloring <i>Assisted Living Week 13-19</i> <i>Grandparents Day</i></p>	<p>10:00 Hydration Cart 10:30 Patio Social 11:00 Exercise 12:00 Lunch &amp; Music 2:00 Happy Hour <b>2:30 Javelin Throw</b> <b>AMCAL Olympics</b> 4:00 Sit and Be Fit 6:30 Monday Night Bingo <i>National Cream-filled Doughnut Day</i></p>	<p>10:00 Hydration Cart 11:00 Chair-a-size 12:00 Lunch and Music 2:00 Happy Hour <b>2:30 Basketball Throw</b> <b>AMCAL Olympics</b> 4:00 Sit Down Dancing 6:00 Busy Table Daily Room Visits</p>	<p>10:00 Hallway Hydration Cart 10:30 Resident/Food Council 11:00 Chair Yoga 12:00 Lunch &amp; Music 1:00 Patio Social 2:00 Happy Hour <b>2:30 Ring Toss</b> <b>AMCAL Olympics</b> 4:00 Sit Down Dancing 6:00 Creative Coloring</p>	<p>10:00 Hallway Hydration Cart 10:00 Manicures &amp; Massages 10:30 Kick Ball 12:00 Lunch &amp; Music 1:00 Afternoon Stretch <b>2:00 Apple Dumpling Cake</b> <b>2:30 Bucket Toss</b> <b>AMCAL Olympics</b> 4:00 Noodle Ball 6:00 Puzzles <i>Apple Dumpling Day</i></p>	<p>10:00 Hallway Hydration Cart 10:30 High Low 11:00 Tai Chi <b>2:00 AMCAL Olympics Closing Ceremonies &amp; End of Summer Party Outside Concert with Dave Propri</b> 4:00 Noodle Ball 6:30 Creative Coloring <i>National Cheeseburger Day</i> <i>Rosh Hashanah Begins</i></p>
<p>12:45 Balloons 2:00 Happy Hour 2:30 Hymn Sing-a-Long 3:30 Bean Bag Toss 4:00 Afternoon Stretch 6:00 Ring Toss 7:00 Snack Cart <i>National Punch Day</i></p>	<p>10:00 Hydration Cart 10:30 Patio Social 11:00 Exercise 12:00 Lunch &amp; Music 2:00 Happy Hour 2:30 Golf Game 3:00 Sensory Cart 4:00 Sit and Be Fit 6:30 Monday Night Bingo <i>National Pepperoni Pizza Day</i></p>	<p>10:00 Hydration Cart 11:00 Chair-a-size 12:00 Lunch and Music 2:00 Happy Hour 2:30 Manicures &amp; Massages <b>2:30 Video Concert Rosemary Clooney</b> 4:00 Sit Down Dancing 6:00 Busy Table <i>Autumn Begins</i></p>	<p>10:15 Hallway Hydration Cart 11:00 Chair Yoga 12:00 Lunch &amp; Music 1:00 Patio Social 2:00 Happy Hour 2:30 Bingo SS 4:00 Sit Down Dancing 6:00 Creative Coloring</p>	<p>10:00 Hallway Hydration Cart 10:30 Kick Ball Outside 12:00 Lunch &amp; Music 1:00 Afternoon Stretch 2:00 Happy Hour 2:30 Horse Race 4:00 Music &amp; Motion 6:00 Puzzles <i>International Coffee Day</i></p>	<p>10:00 Hallway Hydration Cart 10:30 High Low 11:00 Tai Chi 1:00 Kick Ball 2:00 Happy Hour 2:30 Bingo 3:00 Penny Ante NS 4:00 Noodle Ball 6:00 Friday Night Bowling League 7:00 Relaxation and Snack</p>
<p>10:15 Hydration Cart 10:45 Bean Bag Toss 12:45 Noodle Balloons 2:00 Happy Hour 2:30 Hymn Sing-a-Long 3:30 Ring Toss 4:00 Afternoon Stretch 6:00 Creative Coloring <i>Yom Kippur Begins</i></p>	<p>10:00 Hydration Cart 10:30 Patio Social 11:00 Exercise 12:00 Lunch &amp; Music 2:00 Happy Hour 2:30 Bingo 3:00 Dice NS 4:00 Sit and Be Fit 6:30 Monday Night Bingo <i>National Strawberry Cream Pie Day</i></p>	<p>10:00 Hydration Cart 11:00 Chair-a-size 12:00 Lunch and Music 2:00 Happy Hour 2:30 Manicures &amp; Massages <b>2:30 Video Concert Steve Fazzini</b> 4:00 Sit Down Dancing 6:00 Busy Table <i>National Strawberry Ice Cream Day</i></p>	<p>10:00 Hallway Hydration Cart 10:30 Sing-a-Long 11:00 Chair Yoga 12:00 Lunch &amp; Music 1:00 Patio Social 2:00 Happy Hour 2:30 Bingo SS 4:00 Sit Down Dancing 6:00 Yardzee 7:00 Snack Chat <i>National Hot Mulled Cider Day</i></p>	<p style="text-align: center;"><b>September 2020</b> <b>Armstrong Memory Care Assisted Living</b></p>	