

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday



# January 2021

## St. Mary's Alzheimer's Center

					7-Breakfast 9:45-Aqua Painting 11-Lunch 1:45-Kickball 3-Room Visits 5-Dinner 6-TV <small>New Year's Day</small>	<b>1</b> 7-Breakfast 9:45-Sensory 11-Lunch 1:45-Puzzles 3-Nails 5-Dinner 6-TV <b>2</b>
7-Breakfast 9:45-Devotionals 11-Lunch 1:45-Shoot the Cans 3-Rummage Boxes 5-Dinner 6-Music <b>3</b>	7-Breakfast 9:45-Sing-A-Long 11-Lunch 1:45-Bowling 3-Memory Match 5-Dinner 6-Music <b>4</b>	7-Breakfast 9:45-Finish the Phrase 11-Lunch 1:45-Bingo 3-Table Ball 5-Dinner 6-TV <b>5</b>	7-Breakfast 9:45-Nails & Hair 11-Lunch 1:45-Reach & Extend 3-Movie & Popcorn 5-Dinner 6-TV <b>6</b>	7-Breakfast 9:45-Mens Choice 11-Lunch 1:45-Reading Circle 3-Room Visits 5-Dinner 6-TV <b>7</b>	7-Breakfast 9:45-Balloon Volley 11-Lunch 1:45-Indoor Snowball 3-Trivia 5-Dinner 6-Music <b>8</b>	7-Breakfast 9:45-Morning Stretches 11-Lunch 1:45-Happy Hour 3-Roll the Dice 5-Dinner 6-TV <b>9</b>
7-Breakfast 9:45-Devotionals 11-Lunch 1:45-Bingo 3-Pictures/Magazines 5-Dinner 6-TV <b>10</b>	7-Breakfast 9:45-Lotions & Scents 11-Lunch 1:45-Arts & Snacks 3-Aqua Painting 5-Dinner 6-TV <b>11</b>	7-Breakfast 9:45-Group Story 11-Lunch 1:45-Ring Toss 3-Sensory 5-Dinner 6-Music <b>12</b>	7-Breakfast 9:45-Table Talk 11-Lunch 1:45-Tic-Tac-Toss 3-Reminisce 5-Dinner 6-Music <b>13</b>	7-Breakfast 9:45-Glamour Girls 11-Lunch 1:45-Finish the Phrase 3-Room Visits 5-Dinner 6-Music <b>14</b>	7-Breakfast 9:45-Music-N-Motion 11-Lunch 1:45-Snowflake Craft 3-Table Ball 5-Dinner 6-TV <b>15</b>	7-Breakfast 9:45-Ballon Toss 11-Lunch 1:45-Bowling 3-Memory Match 5-Dinner 6-TV <b>16</b>
7-Breakfast 9:45-Devotionals 11-Lunch 1:45-Adult Coloring 3-Afternoon Movie 5-Dinner 6-TV <b>17</b>	7-Breakfast 9:45-Reading Circle 11-Lunch 1:45-Shoot the Cans 3-Roll the Cans 5-Dinner 6-Music <small>Martin Luther King Day</small> <b>18</b>	7-Breakfast 9:45-Primp & Pamper 11-Lunch 1:45-Happy Hour 3-Trivia 5-Dinner 6-TV <b>19</b>	7-Breakfast 9:45-Reach & Extend 11-Lunch 1:45-Bingo 3-Reminisce 5-Dinner 6-Music <b>20</b>	7-Breakfast 9:45-Room Visits 11-Lunch 1:45-Sing-A-Long 3-Rummage Boxes 5-Dinner 6-Music <b>21</b>	7-Breakfast 9:45-Nails & Hair 11-Lunch 1:45-Kickball 3-Pictures/Magazines 5-Dinner 6-Music <b>22</b>	7-Breakfast 9:45-Morning Stretches 11-Lunch 1:45-Ring Toss 3-Table Talk 5-Dinner 6-TV <b>23</b>
7-Breakfast 9:45-Devotionals 11-Lunch 1:45-Movie & Popcorn 3-Room Visits 5-Dinner 6-Music <small>Activity Professionals Week</small> <b>24</b>	7-Breakfast 9:45-Sensory 11-Lunch 1:45-Indoor Snowball 3-Reading Circle 5-Dinner 6-Music <b>25</b>	7-Breakfast 9:45-Manicures 11-Lunch 1:45-Puzzles & Games 3-Resident Council 5-Dinner 6-TV <small>Australia Day (observed)</small> <b>26</b>	7-Breakfast 9:45-Aqua Painting 11-Lunch 1:45-Arts & Snacks 3-Room Visits 5-Dinner 6-TV <b>27</b>	7-Breakfast 9:45-Lotions & Scents 11-Lunch 1:45-Happy Hour 3-Reminisce 5-Dinner 6-TV <b>28</b>	7-Breakfast 9:45-Sing-A-Long 11-Lunch 1:45-Bingo 3-Ring Toss 5-Dinner 6-Music <b>29</b>	7-Breakfast 9:45-Glamour Girls 11-Lunch 1:45-Kickball 3-Balloon Toss 5-Dinner 6-Music <b>30</b>
7-Breakfast 9:45-Devotionals 11-Lunch 1:45-Happy Hour 3-Sensory 5-Dinner 6-TV <b>31</b>	<h1>Have a Blessed &amp; Safe New Year!</h1>					