

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NATIONAL ASSISTED LIVING WEEK SEPTEMBER 13-SEPTEMBER 19 2020 "CARING IS ESSENTIAL"						
9:30 church service via EWTV 1:00 1:1 visits, courtyard social 3:00 flashcard fitness 6:00 snacks and room visits <small>6</small>	9:30 coffee and current events 10:00 all about labor day 1:00 exercising the mind Trivia, word games, matching 3:00 walking for exercise 6:00 movie and a snack <small>Labor Day</small>	9-11 outdoor social visits 9:30 coffee, manicures and nail care 1:30 movie and popcorn 3:00 bingo 6:00 music and snacks <small>1</small>	9:30 coffee and conversation 12:30 courtyard social time Ball toss, corn hole, and music 3:00 walking group 6:00 guessing games and snacks <small>2</small>	9:30 coffee hour and fun with food carmel apples 1-3 outdoor family visits 3:00 flashcard fitness 6:00 painting, adult coloring and snacks <small>3</small>	9:30 coffee and 1:1 visits 1:00 perfect pairs game 3:00 fun in the sun! courtyard games 6:00 guessing games and snacks <small>4</small>	9:30 coffee and Conversation 1:00 reminiscing and trivia Time in the sunroom 3:00 bingo 6:00 adult coloring and snacks <small>5</small>
9:30 church service via EWTV 1:00 1:1 visits, courtyard social 3:00 flashcard fitness 6:00 snacks and room visits <small>6</small>	9:30 coffee and current events 10:00 all about labor day 1:00 exercising the mind Trivia, word games, matching 3:00 walking for exercise 6:00 movie and a snack <small>Labor Day</small>	9-11 outdoor social visits 9:30 coffee, manicures and nail care 1:30 movie and popcorn 3:00 bingo 6:00 music and snacks <small>8</small>	9:30 coffee and conversation 12:30 courtyard social time Ball toss, corn hole, and music 3:00 walking group 6:00 guessing games and snacks <small>9</small>	9:30 coffee hour and fun with food cookies 1-3 outdoor family visits 3:00 flashcard fitness 6:00 painting, adult coloring and snacks <small>10</small>	9:30 coffee and 1:1 visits 1:00 would you rather game 3:00 fun in the sun! courtyard games 6:00 guessing games and snacks <small>11</small>	9:30 coffee and Conversation 1:00 reminiscing and trivia Time in the sunroom 3:00 bingo 6:00 adult coloring and snacks <small>12</small>
9:30 church service via EWTV 1:00 1:1 visits, courtyard social. all about grandparents day 3:00 flashcard fitness 6:00 snacks and room visits <small>Grandparents Day</small>	9:30 coffee and current events 10:00 stretching out 1:00 exercising the mind Trivia, word games, matching 3:00 walking for exercise 6:00 movie and a snack Caring for others day	9-11 outdoor social visits 9:30 coffee, manicures and nail care 1:00 wine cheese and music 3:00 bingo 6:00 music and snacks Caring for oneself day	9:30 coffee and conversation 12:30 courtyard social 3:00 walking group 6:00 guessing games and snacks Caring for caregivers day	9:30 coffee hour and fun with food cupcakes 1-3 outdoor family visits 3:00 flashcard fitness 6:00 painting, adult coloring and snacks Windsor way day	9:30 coffee and 1:1 visits 1:00 carnival fun!!! 3:00 courtyard games 6:00 guessing games and snacks Caring for our residents day <small>Rosh Hashanah Begins</small>	9:30 coffee and Conversation 1:00 reminiscing and trivia Time in the sunroom 3:00 bingo 6:00 adult coloring and snacks <small>Oktoberfest Begins</small>
9:30 church service via EWTV 1:00 1:1 visits, courtyard social 3:00 flashcard fitness 6:00 snacks and room visits <small>20</small>	9:30 coffee and current events 10:00 stretching out 1:00 exercising the mind Trivia, word games, matching 3:00 walking for exercise 6:00 movie and a snack <small>21</small>	9-11 outdoor social visits 9:30 coffee, manicures and nail care 1:30 arts and crafts 3:00 bingo 6:00 music and snacks <small>Autumn Begins</small>	9:30 coffee and conversation 12:30 courtyard social time Ball toss, corn hole, and music 3:00 walking group 6:00 guessing games and snacks <small>23</small>	9:30 coffee hour and fun with food carmel apples 1-3 outdoor family visits 3:00 flashcard fitness 6:00 painting, adult coloring and snacks <small>24</small>	9:30 coffee and 1:1 visits 1:00 finish the phrase game 3:00 fun in the sun! courtyard games 6:00 guessing games and snacks <small>25</small>	9:30 coffee and Conversation 1:00 reminiscing and trivia Time in the sunroom 3:00 bingo 6:00 adult coloring and snacks <small>26</small>
9:30 church service via EWTV 1:00 1:1 visits, courtyard social 3:00 flashcard fitness 6:00 snacks and room visits <small>Yom Kippur Begins</small>	9:30 coffee and current events 10:00 stretching out 1:00 exercising the mind Trivia, word games, matching 3:00 walking for exercise 6:00 movie and a snack <small>28</small>	9-11 outdoor social visits 9:30 coffee, manicures and nail care 1:30 movie and popcorn 3:00 bingo 6:00 music and snacks <small>29</small>	9:30 coffee and conversation 12:30 courtyard social time Ball toss, corn hole, and music 3:00 walking group 6:00 guessing games and snacks <small>30</small>	<h1 style="color: #D9534F;">September 2020</h1> <p> WEST HAVEN AT OMNI WEST ASSISTED LIVING 3259 VESTAL RD. YOUNGSTOWN, OHIO 44509 330-793-4404 WWW.OMNIWESTAL.COM </p>		