

July 2021

WEST HAVEN AT OMNI WEST ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:30 coffee and creative Hour 12:30 movie time with snacks 3:00 bingo 6:00 flashcard fitness <small>Canada Day</small>	9:30 coffee and adult coloring 1:00 outdoor Independence day celebration with music and refreshments 3:00 exercise 6:00 guessing games and snacks	9:30 coffee and morning stretch 12:30 arts, Crafts and conversation 3:00 "name that" game 6:00 music and snacks
9:30 church on T.V. 10:00 coffee and prayer 12:00 fourth of July Lunch 1:30 Holiday Refreshments And music in the living room 3:00 bingo	9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room	9:30 coffee and morning stretch 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	9:30 Coffee and I pad adventure 12:30 fun with food (making Smore's) 1:30 puzzle fun 3:00 walking for exercise 6:00 guessing games	9:30 coffee and creative Hour 12:30 movie time with snacks 3:00 bingo 6:00 flashcard fitness	9:30 coffee and adult coloring 12:30 manicures, music and social hour 3:00 exercise 6:00 guessing games and snacks national sugar cookie day	9:30 coffee and morning stretch 12:30 arts, Crafts and conversation 3:00 "name that" game 6:00 music and snacks
9:00 Church on T.V. 10:00 coffee, cookies and fellowship in the sunroom 1:00 Courtyard social time 3:00 bingo	9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room	9:30 coffee and morning stretch 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	9:30 Coffee and I pad adventure 12:30 fun with food (monkey bread) 1:30 puzzle fun 3:00 walking for exercise 6:00 guessing games	9:30 coffee and creative Hour 1:00 National ice cream month celebration 3:00 bingo 6:00 flashcard fitness	9:30 coffee and adult coloring 12:30 manicures, music and social hour 3:00 exercise 6:00 guessing games and snacks	9:30 coffee and morning stretch 12:30 arts, Crafts and conversation 3:00 "name that" game 6:00 music and snacks
9:00 Church on T.V. 10:00 coffee, cookies and fellowship in the sunroom 1:00 Courtyard social time 3:00 bingo	9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room	9:30 coffee and morning stretch 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	9:30 Coffee and I pad adventure 1:00 national hot dog day celebration 2:15 puzzles 3:00 walking for exercise 6:00 guessing games	9:30 coffee and creative Hour 1:00 July Birthday party 3:00 bingo 6:00 flashcard fitness	9:30 coffee and adult coloring 12:30 manicures, music and social hour 3:00 exercise 6:00 guessing games and snacks	9:30 coffee and morning stretch 12:30 arts, Crafts and conversation 3:00 "name that" game 6:00 music and snacks
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