

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2021

WEST HAVEN AT OMNI WEST ASSISTED LIVING

							9:30 coffee and morning stretch 12:30 arts, Crafts and conversation 3:00 "name that" game 6:50 watching the Kentucky derby and snacks <small>May Day</small>	1
9:00 Church on T.V. 10:00 coffee, cookies and fellowship in the sunroom 1:00 Courtyard social time 3:00 bingo 6:00 music and snacks	2 9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room	3 9-11 scheduled family visits 9:30 coffee and morning stretch 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	4 9:30 Coffee and I pad adventure 12:30 Cinco de mayo snacks and music 1:30 puzzle fun 3:00 walking for exercise 6:00 guessing games <small>Cinco de Mayo</small>	5 9:30 coffee and creative Hour 12:30 movie time with popcorn 12:30-2:30 scheduled family visits 3:00 bingo 6:00 flashcard fitness	6 9:30 coffee and morning stretch 12:30 manicures, music and social hour 3:00 exercise 6:00 guessing games and snacks	7 9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room	9:30 coffee and morning stretch 12:30 Ice cream treats in the courtyard 3:00 exercise 6:00 guessing games and snacks	8
9:00 Church on T.V. 10:00 coffee, cookies and fellowship in the sunroom 1:00 Courtyard social time 3:00 bingo 6:00 music and snacks Happy Mothers Day! <small>Mother's Day</small>	9 9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room	10 9-11 scheduled family visits 9:30 coffee and morning stretch 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	11 9:30 Coffee and I pad adventure 12:30 fun with food (crescent dough cinnamon twists) 1:30 puzzle fun 3:00 walking for exercise 6:00 guessing games	12 9:30 coffee and creative Hour (frog craft) 12:30 national frog jumping day activities 12:30-2:30 scheduled family visits 3:00 bingo 6:00 flashcard fitness	13 9:30 coffee and morning stretch 12:30 National pizza party day 3:00 exercise 6:00 guessing games and snacks	14 9:30 coffee and puzzles in the sunroom 12:30 lawn games in the courtyard 3:00 exercise to music 6:00 movie and snacks in the living room	9:30 coffee and morning stretch 12:30 arts, Crafts and conversation 3:00 "name that" game 6:00 music and snacks <small>Armed Forces Day</small>	15
9:00 Church on T.V. 10:00 coffee, cookies and fellowship in the sunroom 1:00 Courtyard social time 3:00 bingo 6:00 music and snacks <small>Shavuot Begins</small>	16 9:30 coffee and puzzles in the sunroom 12:30 lawn games in the courtyard 3:00 exercise to music 6:00 movie and snacks in the living room	17 9-11 scheduled family visits 9:30 coffee and morning stretch 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	18 9:30 Coffee and I pad adventure 12:30 fun with food (dump cake over ice cream) 1:30 puzzle fun 3:00 walking for exercise 6:00 guessing games	19 9:30 coffee and creative Hour (bumble bee craft) 12:30 all about bees and honey nut peanut butter bars! 12:30-2:30 scheduled family visits 3:00 bingo 6:00 flashcard fitness	20 9:30 coffee and morning stretch 12:30 manicures, music and social hour 3:00 exercise 6:00 guessing games and snacks	21 9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room <small>Victoria Day (Canada)</small>	9:30 coffee and morning stretch 12:30 arts, Crafts and conversation 3:00 "name that" game 6:00 music and snacks	22
9:00 Church on T.V. 10:00 coffee, cookies and fellowship in the sunroom 1:00 Courtyard social time 3:00 bingo 6:00 music and snacks	23 9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room	24 9-11 scheduled family visits 9:30 coffee and morning stretch 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	25 9:30 Coffee and I pad adventure 12:30 fun with food (fruit and dip tasting) 1:30 puzzle fun 3:00 walking for exercise 6:00 guessing games	26 9:30 coffee and creative Hour 12:30 happy hour in the courtyard 12:30-2:30 scheduled family visits 3:00 bingo 6:00 flashcard fitness	27 9:30 coffee and morning stretch 12:30 manicures, music and social hour 3:00 exercise 6:00 guessing games and snacks	28 9:30 coffee and puzzles in the sunroom 12:30 word search, Brain games, adult art coloring 3:00 exercise to music 6:00 movie and snacks in the living room	9:30 coffee and morning stretch 12:30 arts, Crafts and conversation 3:00 "name that" game 6:00 music and snacks	29
9:00 Church on T.V. 10:00 coffee, cookies and fellowship in the sunroom 1:00 Courtyard social time 3:00 bingo 6:00 music and snacks	30 9:30 coffee and puzzles in the sunroom 12:30 memorial Day refreshments in the courtyard 3:00 exercise to music 6:00 movie and snacks in the living room <small>Memorial Day</small>	31	ADDITION TO OUR CELEBRATED DAYS MAY IS ALSO: NATIONAL FROG JUMPING DAY MAY 13TH. WORLD BEE DAY MAY 20TH. NATIONAL OLDER AMERICANS MONTH NATIONAL PHOTOGRAPHY MONTH NATIONAL HAMBURGER MONTH					

