

BATH (BED)

PURPOSE:

1. To cleanse, refresh, and soothe the resident.
2. To stimulate circulation.
3. To inspect the body.

EQUIPMENT:

1. Basin and water, 105 to 110 degrees F, check with resident for comfort.
2. Towels and washcloth, soap and body lotion.
3. Gown and other linen as needed.
4. Bath blanket.
5. Resident's clean clothing.
6. Laundry bag.
7. Deodorant if resident prefers.

PROCEDURE:

1. Have the room temperature comfortable for the resident.
2. Raise bed height to working level.
3. Offer bedpan before starting bath or take resident to the bathroom.
4. Wash hands, apply gloves, and apply appropriate PPE.
5. Loosen upper bedding; cover with bath sheet.
6. Drape area to be washed with towel.
7. Encourage resident to do as much for himself/herself as possible.
8. Wash face and ears, rinse well, and dry carefully.
9. Remove gown and drape for privacy.
10. Wash, rinse, and pat dry one body part at a time. Start at head and work down, completing front side first.
11. Change water in basin. Change water at least once during procedure, usually after feet are washed.
12. Wash, rinse, and dry peri area, front to back.
13. Turn resident on side and wash, rinse, and dry back, including buttocks.
14. Remove gloves.
15. Care of fingernails and toenails is part of the bath. Be certain the nails are clean. If toenails would be difficult to care for, inform the nurse that the resident needs to see the podiatrist.
16. Fingernails and toenails of diabetic residents are cut by the licensed nurses/podiatrist.
17. Always comb and brush the resident's hair.
18. Apply lotion/deodorant to skin as needed.
19. Remake the bed with clean linen, as necessary.
20. For incontinent residents, use incontinence pads and/or briefs per facility policy..
21. Dress resident appropriately.
22. Before leaving the room, replace the call light and make sure the resident is comfortable and the room and the bathroom are clean and in order.
23. Dispose of soiled linen appropriately.

Frequency of bed baths are based on Resident preference/noted on care plan/Kardex. Follow standard precautions.