

BEDMAKING (OCCUPIED)

PURPOSE:

1. To provide clean, comfortable environment for resident.

EQUIPMENT:

1. Sheets.
2. Pillowcase.
3. Drawsheet.
4. Bedspread.
5. Dirty linen receptacle.
6. Blanket.
7. Incontinence pad/chux, if needed.

PROCEDURE:

1. Raise bed to flat position in comfortable working height.
2. Loosen top bedding at the foot of the bed. Remove blanket and spread. If bedspread and blanket are to be reused, remove from bed and fold over back of chair or foot of bed leaving resident covered with top sheet. NOTE: A towel may be placed on a chair or over bed table to create a clean surface.
3. Raise side rail, if ordered; turn resident on side with back to you.
4. Loosen bottom sheet.
5. Adjust pillow to resident's comfort.
6. Fan fold or roll soiled bottom linen toward resident and tuck against his/her back.
7. If used, place mattress pad on mattress.
8. Place clean fitted sheet on working side of bed and secure two fitted corners.
9. Place draw sheet on bed with fold at resident's shoulder area and tuck in on working side. Place incontinence pad/chux on top of draw sheet as needed.
10. Roll clean fitted sheet, draw sheet, and pad together and tuck under used linen.
11. Assist the resident to roll toward you over the hump of linen and immediately raise side rail for support (if side rail ordered).
12. Go to opposite side of bed, lower side rail (if in place).
13. Remove soiled linen by rolling edges toward center with soiled side inward and place in linen receptacle. Avoid holding soiled linen against uniform.
14. Pull through and smooth out new bottom linen.
15. Tuck in draw sheet.
16. Place clean top sheet over resident.
17. Apply blanket or bedspread as needed.
18. Tuck in and miter corners of top linen.
19. Remove pillow and replace pillowcase. Replace pillow under head and make resident comfortable.
20. Raise side rail if ordered.
21. Position resident comfortably.
22. Lower bed to lowest position.
23. Place call light within resident's reach.
24. Leave room neat.
25. Follow standard precautions.

NOTE: Linens to be changed with each shower and as needed.