

BEDMAKING (UNOCCUPIED)

PURPOSE:

1. To provide clean, comfortable environment for the resident.

EQUIPMENT:

1. Sheets.
2. Bedspread.
3. Pillowcase.
4. Blanket.
5. Drawsheet.
6. Plastic protector or incontinence pad, if needed.
7. Dirty linen hamper.

PROCEDURE:

1. Take linen to bedside and place on chair in order of use. A clean surface may be created by placing a towel on a chair or bed table.
2. Adjust bed to flat position in comfortable working height.
3. Loosen linen and remove from bed.
4. If removing soiled linen, loosen linen all around mattress and roll from edges to center with soiled side inward. Remove linen from bed, holding away from uniform, and place directly into linen hamper. NEVER PLACE LINEN ON THE FLOOR. Remove soiled pillowcase from pillow and place in linen hamper. Set pillow aside on clean surface.
5. Wash hands.
6. If used, place mattress pad on mattress.
7. Place clean fitted sheet on bed and secure fitted corners.
8. Place draw sheet on bed and tuck under mattress.
9. Place top sheet on bed, open and spread so sheet hangs evenly on both sides of mattress.
10. Repeat with blanket as needed.
11. Remove soiled pillowcase and replace with new pillowcase.
12. Lower bed to wheelchair height unless resident has specific order to lower bed to lowest position (for high/low bed) when unoccupied.
13. Leave room neat.
14. Follow standard precautions.

NOTE: Linens to be changed with each shower and as needed.