

DEMENTIA, CARE OF A RESIDENT WITH

PURPOSE:

To appropriately care for a resident with dementia/cognitive loss.

PROCEDURE:

1. Always approach the resident calmly and unhurriedly. Avoid surprises/quick movements. Speak in a calm voice.
2. Address the resident by name, get the resident's attention before entering their personal space.
3. Keep communication simple with short clear statements.
4. Focus on resident's strengths for activities and decisions. Encourage reminiscence and small group interaction.
5. Explain all procedures, break down tasks to one step and repeat as needed, and use visual cues as needed.
6. Encourage the family to visit and bring photos and mementos.
7. Keep the environment free of hazards.
8. Validate resident's reality.
9. Assist and direct these residents in an emergency.