

DISORIENTED RESIDENT, CARE OF

PURPOSE:

To appropriately manage the disoriented resident.

PROCEDURE:

1. Always approach the resident calmly and unhurriedly. Speak in a calm voice.
2. Encourage the resident to perform independent activities of daily living and decisions concerning the time of care, clothes to wear, and what activities to attend.
3. Provide Reality Orientation that the resident is able to accept.
4. Involve in enjoyable activities which orient to reality and don't depend on orientation.
5. Encourage the family to visit and bring photos and mementos.
6. Keep the environment free of hazards.
7. Pleasant interaction which reassures the resident when confused.
8. Explain all procedures.
9. Encourage reminiscence and small group interaction.
10. Assist in emergencies.
11. Verbal reminders which assist the resident in orientation.
12. Monitor the weights, appetite, laboratory values, and environment to assist the physician in determining the cause for disorientation.
13. Listen attentively.