

HAIR AND SCALP CARE

PURPOSE:

1. To clean the hair and scalp.
2. To provide comfort and increase circulation.
3. To provide the resident with an attractive appearance and improve morale.
4. To apply medication to the scalp if necessary.

EQUIPMENT:

1. Comb, hairbrush, or pick.
2. Hair conditioner if available.
3. Medication as ordered.

PROCEDURE:

1. Assist resident to comfortable position.
2. Begin combing/brushing gently at the ends of the hair and work toward the crown.
3. Resident's hair is to be combed during morning and evening care; more often if necessary.
4. If the resident has a regular hair styling appointment with the beautician, ask permission before combing hair or brushing hair.
5. Observe condition of hair and scalp.
6. If hair is tangles, apply a small amount of hair conditioner, if available.
7. Apply medication to the scalp as ordered.
8. Comb/brush/pick resident's hair in desired style.
9. Do not cut resident's hair without permission of the resident or responsible party.
10. Inform the resident and responsible party of the availability of beautician services when the resident is oriented to the facility on admission. The beautician's hours are available from the business office.
11. Cutting or tweezing of the eyebrows is not permitted except by a qualified beautician or barber.
12. Hair dyes may not be used by facility personnel.
13. Clean comb, brush, or pick well and store properly.
14. Leave resident positioned comfortably with call light within reach.
15. Report anything unusual to nurse.