

HEEL PROTECTORS

PURPOSE:

1. To provide comfort and protection of skin.
2. To prevent skin irritation and pressure.
3. To prevent break in skin integrity.

PROCEDURE:

1. Apply heel protectors per physician order.
2. Secure with ankle straps. Be sure straps are not too tight. You should be able to insert two fingers under strap.
3. Remove protectors at least once each shift to assess skin. Report all red or soft areas to nurse.