

LIQUIDS, THICK

PURPOSE:

To use Thicken Up in the liquids of any resident who has a doctor's order for thick liquids. Those residents will not have a water pitcher or glass at their bedside. If the liquids are not thickened by dietary, the staff serving the liquid will thicken it.

PROCEDURE:

1. Determine quantity and thickness level ordered.
2. Measure liquid and Thicken Up as needed.
3. Place liquid in glass.
4. While stirring briskly with a spoon or wire whip, gradually add Thicken Up. Stir until dissolved.

Nectar thick liquids (mildly thick) consistency such as apricot, peach or pear nectar, Two Cal HN, Health Shake, and Resource Plus.

Honey thick liquids (moderately thick).

Pudding thick liquids (extra thick), thickened to pudding consistency, eg: frosty cup.

The facility can provide commercially prepared pre-thickened liquids or manually prepared thickened liquids can be used, follow the manufacturer's directions for preparation.

Cold cereal is not acceptable, change to hot cereal.

See SLP or dietician for any questions regarding thickened liquids.