

PERCENTAGE OF FOODS CONSUMED

POLICY:

It is the policy of this facility to track and monitor the percentage of food consumed by each resident to ensure they receive an adequate, nutritious diet that meets their dietary needs. An indepth review of dietary intake will be done at each MDS review, annual assessment, and with any change in condition according to federal and state guidelines. Interventions will be initiated by a Registered Nutrition Professional, with physician review and approval, to correct identified dietary or weight loss issues.

PROCEDURE:

Nursing staff will record the percentage of meals consumed by each resident after each meal.

0% or refused – resident refused the meal completely or consumed only 1-2 bites of each item.

25% or “poor” intake – resident took approx. 25% of entrée or 50% of one item consumed.

50% or “fair” intake – resident took approx. half of the food (ate 50% of the entrée or 25% of the vegetable and the soup is left).

75% or “good” intake – resident took the majority of the meal but a significant amount of one or more food items is left (25% of the entrée or 75% of the vegetable is left).

100% or “all” resident has consumed the entire meal or a minimal amount of food is left (less than 25% of the vegetable is left).

Milk and juice will be included in the total meal intake.

Intakes will be recorded each day on the resident’s intake flow sheet in Point of Care System in the EHR.

Supplements (Healthshakes, ensure, etc.) are tracked in Point of Care System in the EHR and/or on the EMAR if supplements are given with medication pass.