

TEXAS CATHETER (USE OF EXTERNAL CATHETER)

EQUIPMENT:

1. External catheter.
2. Catheter sheath holder.
3. Soap, water, washcloth, and towel.
4. Urine collection container.

PROCEDURE:

1. Wash hands, apply gloves, & appropriate PPE.
2. Position resident on back and drape to expose genitalia. Avoid unnecessary exposure.
3. Wash and dry penis.
4. Roll external catheter over penis gently.
5. Leave a reservoir of one to two inches between the end of the penis and connecting tube.
6. Secure the external catheter firmly, but not tightly, about three-fourths to one inch from the base of the penis with the incontinent sheath holder. This should completely encircle the penis.
7. Do not cover the edge of the external catheter or skin of the penis with tape. Circulation can be impaired even if the flow of urine is not obstructed. Attach connecting tube to urine collection container.
8. If using an external catheter with an inflation cuff, follow the manufacturer's instructions.
9. Check catheter for patency and inspect skin every eight hours.
10. Release at least every eight hours, cleanse penis and dry well. Wash and dry external catheter well and reapply.
11. Connect external catheter to drainage bag as ordered.
12. Change external catheter as necessary.
13. Observe skin for signs of irritation, break in integrity or infection.
14. Discard disposable items appropriately.
15. Wash hands.
16. Leave resident in a comfortable position with call light within reach.