

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# September 2021

			<p>9:30 coffee and adult Coloring 1:00 The history of macaroni and cheese 2:30 walking for exercise 6:00 guessing games</p>	<p>9:30 coffee and creative hour 1:00 corn hole toss 2:30 kickball game 6:00 flashcard fitness</p>	<p>9:30 coffee and twenty questions <b>12:30 The Elvis Presley hour</b> <b>2:30 yoga</b> 6:00 music and snacks</p>	<p>9:30 coffee and morning stretch 12:30 arts, crafts and conversation 3:00 "name that" game 6:00 finish the phrase game</p>
<p>9:00 church on TV 10:00 coffee and fellowship in the sunroom 1:00 courtyard social time 3:00 bingo 6:00 music and snacks</p>	<p>9:30 manicures Music and social time 1:00 Labor day refreshments 2:30 eraser board games 6:00 adult coloring and snacks</p> <p style="text-align: center;"><small>Labor Day Rosh Hashanah Begins</small></p>	<p>9:30 exercise, stretching and Flashcard fitness 1:00 fun with food <b>"All about apples"</b> <b>2:30 corn hole toss</b> 6:00 bingo and snacks</p>	<p>9:30 coffee and adult Coloring 1:00 The history of popsicles 2:30 walking for exercise 6:00 guessing games</p>	<p>9:30 coffee and creative hour 12:30 Teddy bear bingo 2:30 ball toss 6:00 flashcard fitness</p> <p style="text-align: center;"><small>National teddy bear day</small></p>	<p>9:30 coffee and twenty questions <b>12:30 ceramics</b> <b>2:30 balloon volleyball</b> 6:00 music and snacks</p>	<p>9:30 coffee and morning stretch 12:30 arts, crafts and conversation 3:00 "name that" game 6:00 finish the phrase game</p>
<p>9:00 church on TV 10:00 coffee and fellowship in the sunroom 1:00 courtyard social time 3:00 bingo 6:00 music and snacks</p> <p style="text-align: center;"><small>Happy grandparents day! NATIONAL ASSISTED LIVING WEEK BEGINS</small></p> <p style="text-align: center;"><small>Grandparents Day</small></p>	<p>9:30 manicures Music and social time <b>1:00 "Gold nugget" bingo</b> <b>2:30 Eraser board games</b> 6:00 adult coloring and snacks</p> <p style="text-align: center;"><small>International chocolate day</small></p>	<p>9:30 exercise, stretching and Flashcard fitness 1:00 arts and crafts <b>Making "Country cactus, Pet-pals"</b> <b>2:30 corn hole toss</b> 6:00 bingo and snacks</p> <p style="text-align: center;"><small>National cream filled donut</small></p>	<p>9:30 coffee and adult Coloring <b>1:30 Rodeo round up day! lasso contest, hay bale relay, dart gun shooting range, horseshoes, Hot dogs and baked beans</b> <b>2:30 courtyard social hour</b> 6:00 music and snacks</p> <p style="text-align: center;"><small>Yom Kippur Begins</small></p>	<p>9:30 coffee and creative hour <b>1:30 "cowboy corn hole"</b> 2:30 kickball game 6:00 flashcard fitness</p>	<p>9:30 coffee and twenty questions <b>1:00 country music, line dancing And watermelon eating contest!</b> 6:00 music and snacks</p> <p style="text-align: center;"><small>International country music day</small></p>	<p>9:30 coffee and morning stretch 12:30 arts, crafts and conversation 3:00 "name that" game 6:00 finish the phrase game</p> <p style="text-align: center;"><small>Oktoberfest Begins</small></p>
<p>9:00 church on TV 10:00 coffee and fellowship in the sunroom 1:00 courtyard social time 3:00 bingo 6:00 music and snacks</p>	<p>9:30 manicures Music and social time 1:00 eraser board games 2:30 10 cup toss game 6:00 adult coloring and snacks</p> <p style="text-align: center;"><small>Sukkot Begins</small></p>	<p>9:30 exercise, stretching and Flashcard fitness 1:00 fun with food "baked apples" 2:30 corn hole toss 6:00 bingo and snacks</p>	<p>9:30 coffee and adult Coloring 1:00 September resident birthday party 2:30 walking for exercise 6:00 guessing games</p> <p style="text-align: center;"><small>Autumn Begins</small></p>	<p>9:30 coffee and creative hour 12:30 painting class 2:30 Ball toss 6:00 flashcard fitness</p>	<p>9:30 coffee and twenty questions <b>12:30 Trivia</b> <b>2:30 yoga</b> 6:00 music a and snacks</p>	<p>9:30 coffee and morning stretch 12:30 arts, crafts and conversation 3:00 "name that" game 6:00 finish the phrase game</p>
<p>9:00 church on TV 10:00 coffee and fellowship in the sunroom 1:00 courtyard social time 3:00 bingo 6:00 music and snacks</p>	<p>9:30 manicures Music and social time 1:00 eraser board games 2:30 balloon volleyball 6:00 adult coloring and snacks</p> <p style="text-align: center;"><small>Wear your favorite scarf For National scarf day</small></p>	<p>9:30 exercise, stretching and Flashcard fitness 1:00 arts and crafts 2:30 corn hole toss 6:00 bingo and snacks</p> <p style="text-align: center;"><small>Simchat Torah Begins</small></p>	<p>9:30 coffee and adult Coloring 1:00 team trivia games 2:30 walking for exercise 6:00 guessing games</p>	<p>9:30 coffee and creative hour 12:30 molding clay 2:30 ball toss 6:00 flashcard fitness</p>	<p style="text-align: center;"><b>West Haven at Omni West</b> 3259 Vestal Rd. Youngstown, Ohio 44509 330-793-4404 www.OmniWestAL.com</p>	